Minutes of June 21, 2018
St. Peters Senior Advisory Committee

Call to order

The meeting was called to order at approximately 12:35 p.m. by Glenda Jungers

Pledge of allegiance was said by all.

Prayer was said in unison by everyone.

Roll call
The roll was called by MaryPat Harms; those attending were: Chris Brush, Carol Davis, Mary Evans, Sandy Hennen, Maribeth Huddleston, Glenda Jungers, Mel Maire, Net Thomas, and MaryPat Harms. Guests were Laura McCoy from Home Instead Senior Care, Jen Stuckenschneider from Aging Ahead, Debbie Knoble, Sustainability Specialist with the City of St. Peters, and Mel Coffel, City of St. Peters Green Team Chairperson.

A motion to approve the May minutes was made by Mel and seconded by Chris. The motion carried and the minutes were passed.

Public

Laura McCoy from Home Instead attended and took the time to praise the St. Charles City-County Library District for being an Alzheimer’s Friendly Business. Their management staff all went through the training, and they now have it in their Personnel Policy Manual. Jen Stuckenschneider from Aging Ahead let everyone know that there would be a Bake Sale at the Senior Center on Monday, July 2nd to benefit the entertainment at the Senior Center. I believe it’s 9:30-11 a.m.

Debbie and Mel joined us to speak about the Green Cup Challenge. It is a Sustainability Program that the City has softly launched to create a safer and healthier future for the City and beyond. You go online to sign up. There is no personal information saved/tracked. You can join a group by your ward, subdivision, etc. The website, https://www.stpgreencup.org/, contains a lot of basic information if you don’t know what something or a term means. You can track your usage of electricity, lightbulbs, water, and much more. You earn points for a variety of different tasks when you reduce your output on the environment. There is also a Community Actions Message Board where you can see what is going on in your community like the Shred It event. Debbie and Mel wanted feedback from the group. Mel along with others wanted them to provide literature to provide to others as well as to their homeowners’ associations. It would also be beneficial for Debbie and Mel to visit homeowners’ meetings if they can get the schedules.

Other “Green” items discussed were using blue bags appropriately, the potential for a different colored can for recycling items, composting, and the fact that only about 26% of the City recycles.

Items of Discussion

We discussed our last meeting that was held at Brookdale St. Peters with Mary Williams from the
Alzheimer’s Association as our guest educational speaker. Everyone was in agreement that they really enjoyed the meeting. It was great to get out in the community and meet our residents. Mary’s presentation was very informative, and we all learned a great deal. We’ll look at holding another meeting with speaker in the community in the future, potentially October.

The new Senior Advisory Committee brochures have been printed, and MaryPat brought them to the meeting. Members took them to have at the Senior Center and to take to the libraries and other venues.

We need to update our mission statement and by-laws. MaryPat asked everyone to think about what they would like to have in our mission statement and to bring those ideas to the next meeting. We’re hoping Alderman Bateman can help guide us through this process.

MaryPat mentioned other upcoming events. There is an Alzheimer’s Association educational program tonight, Thursday, June 21st from 6-8 p.m. at the Spencer Rd. Library. The Alzheimer’s Association is putting on their walk on 9/29. Sunset Fridays are happening at 370 Lakeside all summer. The Cultural Arts Centre can use volunteers if anyone is interested.

**Adjournment**

A motion to adjourn was made by Mel and Net seconded. The meeting adjourned at 1:20pm.

Next meeting will be July 19, 2018 at 12:30pm.

Respectfully submitted,

[Signature]

MaryPat Harms