





## Women's

	Short Course					Points for improving time					
TRI-DATE & PARTICIPANT NAME	SWIM (300 yrds)	BIKE (10 Miles)	Swim/Bike Overall	RUN (3 Miles)	OVERALL TIME	Partici pation (5)	Swi m (1)	Bike (1)	Run (1)	overall (3)	Total Pts
Breanna Kersting	0:05:12	0:32:27	0:41:57	0:30:17	1:13:40	5	1	1	1	3	11
Lory Cooper	0:05:14	0:29:30	0:36:42	0:27:21	1:05:15	5	1	1	1	3	11
Laia Pons	0:04:00	0:36:55	0:42:35	0:26:51	1:10:32	5	1	1	1	3	11
<b>March 3, 2019</b>											
Breanna Kersting	0:05:12	0:33:31	0:43:30	0:32:28	0:1:17:12	5					5
Joan Aleman	0:10:02	0:52:25	1:07:52	0:39:58	1:50:33	5	1	1	1	3	11
<b>March 10, 2019</b>											
Cait Marshall	00:03:46	00:31:17	00:37:49	00:28:33	01:06:38	5	1	1	1	3	11
Melissa Perrigo	00:08:40	00:36:32	00:48:45	00:37:03	01:27:13	5	1	1	1	3	11
Chelsea Fuller	0:04:39	0:30:15	0:37:14	0:26:51	1:05:30	5		1			6
Kathy Simon	0:07:17	0:35:18	0:47:18	0:38:59	1:28:24	5		1			6
Breanna Kersting	0:05:21	0:32:39	0:42:40	0:34:45	1:18:55	5		1			6
<b>March 24, 2019</b>											
<i>No Participants</i>											
<b>April 7, 2019</b>											
Joan Aleman	0:08:51	00:38:02	00:52:08	00:44:03	1:38:26	5	1	1		3	10
Beka Rich	0:12:00	0:39:08	0:56:25	0:39:38	1:37:37	5	1	1	1	3	11
Chelsea Fuller	0:04:49	0:30:50	0:38:27	0:27:19	1:06:42	5					5
Gina Goebel	0:06:00	0:33:51	0:43:06	0:33:15	1:17:30	5					5
<b>April 28, 2019</b>											
Gina Goebel	0:05:22	0:32:40	0:41:10	0:29:03	1:09:03	5	1	1	1	3	11
Cort Smith	0:05:59	0:35:56	0:45:10	0:29:45	1:15:06	5	1	1	1	3	11





