Women's

	Long Course					Points for improving time					
PARTICIPANT NAME	SWIM (500 yrds)	BIKE (15 Miles)	Swim/Bike Overall	RUN (5 Miles)	OVERALL TIME	Participation (7)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
October 27th, 2019											
No Participants											0
November 3rd, 2019											
Nancy Knittel	0:13:09	0:51:21	1:07:21	0:56:47	2:05:53	7	1	1	1	3	13
November 10th, 2019											
Anne Jundt	0:09:29	0:44:24	1:01:52	0:53:31	1:53:30	7	1	1	1	3	13
November 24th, 2019											
Anne Jundt	0:09:54	0:49:18	1:03:17	0:50:46	1:57:03	7			1		8
December 15th, 2019											
Cancelled- Snow											
December 22nd, 2019											
No Participants											0
January 5th, 2020											
Lauren Hickey	0:09:18	0:52:32	1:05:00	0:59:43	2:06:00	7	1	1	1	3	13
January 26th, 2020											
Gina Goebel	0:09:42	0:50:24	1:02:50	0:51:38	1:55:49	7	1	1	1	3	13
Awilda Esclusa	0:11:02	0:50:54	1:05:04	0:47:20	1:55:04	7	1	1	1	3	13
February 9th, 2020											
Gina Goebel	0:09:20	0:48:22	1:00:17	0:51:25	1:53:00	7	1	1	1	3	13
Nancy Knittel	0:12:43	0:47:51	1:03:50	0:54:16	1:59:50	7	1	1	1	3	13
February 16th, 2020											
Stephanie Wojcik		0:47:41	0:47:41	0:47:00	1:39:00	5		1	1	3	10
Nancy Knittel	0:12:31	0:48:07	1:03:58	0:54:53	2:00:36	7	1				8
Heather Hanratty	0:10:11	0:52:28	1:05:07	0:56:07	2:02:53	7	1	1	1	3	13
March 8th, 2020											
March 15th, 2020											
March 29th, 2020											

Women's

	Long Course					Points for improving time					
PARTICIPANT NAME	SWIM (500 yrds)	BIKE (15 Miles)	Swim/Bike Overall	RUN (5 Miles)	OVERALL TIME	Participation (7)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
April 5th, 2020											
April 26th, 2020											