

REC-PLEX SCHEDULE: OCT. 5-31, 2020

Rev. 10-2-20

VISIT WWW.STPETERSMO.NET/REC-PLEX FOR THE LATEST UPDATES

AREA OF INTEREST	Program / Location	Who / How to Participate	Open Times
FITNESS ROOMS	Cardio Room, Weight Room, Track	Members Only	Mon-Thu: 5 am-10 pm / Fri: 5 am-9 pm Sat: 7 am - 7 pm / Sun: 10 am - 6 pm
GROUP FITNESS	Rec-Plex Gym, Lower Level Activity Room for Active Older Adults	Members Only / See class descriptions online at Rec-Plex calendar page Active Older Adults - please visit the Front Desk to reserve your spot in class	See times online at Rec-Plex calendar page
ICE PROGRAMS PLEASE NOTE: • A new session of Group Classes will begin the week of Oct. 18-24. Registration is available through REC-CONNECT . We offer a \$10 discount for pre-registration up to 2 days before class starts. Some classes require ISI membership (please verify your membership renewal date). • Adult Drop-in Hockey is unavailable at this time.	Public Sessions / North Rink	Members & Public / Reserve spot thru REC-CONNECT Flex Registration Gen. Public: \$8; Members: FREE \$3.50/Ice skate rental (Limit: 35 people)	Mon: 9-10 am, 10:15-11:15 am Tue & Wed: 9-10 am, 10:15-11:15 am, 7:30-8:30 pm Thu: 9-10 am, 10:15-11:15 am, 3:30-5 pm Fri: 9-10 am, 10:15-11:15 am, 7-8:30 pm Sat: 12:30-1:30 pm, 2-3 pm, 6:15-7:15 pm / Sun: 12:30-1:30 pm, 2-3 pm
	Freestyles / North Rink	Members & Public / Reserve spot thru REC-CONNECT Flex Registration Gen. Public: \$9.25 for 30 min., \$15/hr.; Members: \$7 for 30 min., \$10.50/hr. (Limit: 25)	Mon: 3-5 pm / Tue: 6:30-8:45 am, 3-5 pm Wed: 3-5 pm / Thu: 6:30-8:45 am, 5:45-6:45 pm Fri: 6:30-8:45 am, 3-5 pm, CLUB ICE Fridays - 5:15-6:45 pm Sat: 7:15-8:15 am, 9-10:30 am / Sun: 11:15 am-12:15 pm
	Stick & Puck / North Rink	Members & Public / Reserve spot thru REC-CONNECT Flex Registration \$10 (goalies not free); FREE for GOLD+ (Limit: 25)	Mon: 11:30 am-12:30 pm (all ages) Tue & Wed: 8:45-9:45 pm (all ages) / Fri: 11:30 am-12:30 pm (all ages) Sun: 3:15-4:15 pm (12-under), 4:30-5:30 pm (13+)
NATATORIUM	Leisure Pool 50-Meter Pool Diving Boards	Adult Lap Swimming and Water Walking now open to Members Only	Adult Lap Lanes and Water Walking open daily to adults ages 16+ Availability subject to change due to programming/special events Check out the online calendar for Adult Lap Lanes and Water Walking
PICKLEBALL	Rec-Plex South - moved to Rec-Plex Gym Oct. 14-16	Members Only / Bring your own paddle	Rec-Plex South Courts 2-3: Mon-Fri, 8 am-noon (except Oct. 14-16) Rec-Plex Gym: Oct. 14-16, 11 am-2 pm
RENTALS	Ice Rentals / Rec-Plex South Gym Rentals / Rec-Plex South	Call 636-939-2386, ext. 1607 Call 636-939-2386, ext. 1609	Varies Varies
FALL CLASSES	Ice/Fitness/Aquatics	Members, Gold+, & Public Search classes and register now!	Class times vary

BASKETBALL, VOLLEYBALL, TOT DROP and YOUTH FITNESS ROOM Currently Unavailable

PLEASE NOTE: Adult Locker Rooms and some shower stalls are available, but steam & sauna are unavailable. (Natatorium locker rooms/showers not available.) Towels and locks are not available. Please bring your own towels and locks.

