

REC-PLEX Natatorium Hours

*** All Hours Subject To Change Due To Programming/Special Events ***

Updated: January 4, 2021

Adult Lap Lane Availability

Monday / Wednesday

5:00am – 9:00pm

5:00am – 1:15pm at least 7 lanes avail.
1:15pm – 3:00pm at least 3 lanes avail.
3:00pm – 5:50pm at least 4 lanes avail.
5:50pm – 7:15pm at least 2 lanes avail.
7:15pm – 9:00pm at least 4 lanes avail.

Tuesday / Thursday

5:00am – 9:00pm

5:00am – 1:15pm at least 7 lanes avail.
1:15pm – 3:00pm at least 3 lanes avail.
3:00pm – 5:50pm at least 4 lanes avail.
5:50pm – 8:15pm at least 2 lanes avail.
8:15pm – 9:00pm at least 4 lanes avail.

Friday

5:00am – 9:00pm

5:00am – 1:15pm at least 7 lanes avail.
1:15pm – 3:00pm at least 3 lanes avail.
3:00pm – 9:00pm at least 4 lanes avail.

Saturday

7:00am – 4:00pm

7:00am – 9:00am at least 3 lanes avail.
9:00am – 4:00pm at least 7 lanes avail.

Sunday

10:00am – 2:00pm

10:00am – Noon at least 7 lanes avail.
Noon – 2:00pm at least 7 lanes avail.

Water Walking in 50M Pool

*ONLY available during these times

Monday & Wednesday

5:00am – 8:00am
9:00am – 3:00pm

Tuesday & Thursday

5:00am – 7:00am
8:00am – 9:00am
10:00am – 3:00pm

Friday

5:00am – 9:00am
10:00am – 3:00pm

Saturday

9:30am – 4:00pm

Sunday

10:45am – 2:00pm