Men's

	Long Course					Points for improving time					
TRI-DATE & PARTICIPANT NAME	SWIM (500 yrds)	BIKE (15 Miles)	Swim/Bike Overall	RUN (5 Miles)	OVERALL TIME	Participation (7)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
October 21, 2018											
Chris Ahl	0:09:42	0:49:53	1:04:00	0:49:15	1:55:59	7	1	1	1	3	13
Ross Brayton	0:11:15	0:47:54	1:03:00	1:09:33	2:14:53	7	1	1	1	3	13
Kyle Murphy	0:10:47	0:45:04	1:00:20	0:54:11	1:57:03	7	1	1	1	3	13
Tom Payne	0:09:44	0:42:24	0:54:48	0:50:58	1:48:50	7	1	1	1	3	13
October 28, 2018											
Chris Ahl	0:09:25	0:47:19	0:59:45	0:47:44	1:50:07	7	1	1	1	3	13
Jeff Oberle	0:09:30	0:51:32	1:05:11	0:49:53	1:56:23	7	1	1	1	3	13
November 4, 2018											
Chris Ahl	0:09:17	0:45:25	0:57:21	0:47:42	1:47:07	7	1	1	1	3	13
Greg Wilkerson	0:10:54	0:44:26	0:57:56	0:55:15	1:56:10	7	1	1	1	3	13
Jeff Oberle	0:09:21	0:50:36	1:03:37	0:49:28	1:52:05	7	1	1	1	3	13
November 18, 2018											
Chris Ahl	0:09:01	0:44:05	0:55:42	0:45:10	1:21:24	7	1	1	1	3	13
Greg Wilkerson	0:11:24	0:43:14	0:57:04	0:53:18	1:53:01	7		1	1	3	12
Jeff Oberle	0:09:39	0:49:38	1:02:48	0:48:47	1:53:01	7		1	1		9
Fernando Magnelli	0:10:12	0:49:44	1:02:00	0:54:10	1:59:13	7	1	1	1	3	13
Stephen Hawf	0:10:19	0:48:21	1:02:00	0:54:10	2:00:01	7	1	1	1	3	13
December 2, 2018											
Matt Cecil	0:10:44	0:44:06	0:56:54	0:44:03	1:41:28	7	1	1	1	3	13
Greg Wilkerson	0:11:09	0:43:50	0:57:45	0:51:53	1:51:52	7	1		1	3	12
Jeff Oberle	0:09:25	0:47:49	1:00:36	0:48:28	1:50:30	7	1	1	1	3	13
Chris Ahl	0:09:09	0:47:05	0:59:31	DNF	1:12:00	7					7
Fernando Magnelli	0:09:37	0:49:18	1:00:58	0:51:23	1:55:48	7	1	1	1	3	13
December 16, 2018											
Chris Ahl	0:08:49	0:44:50	0:56:19	0:47:09	1:45:25	7	1	1			9
Greg Wilkerson	0:10:46	0:43:27	0:56:32	0:48:01	1:46:04	7	1	1	1	3	13
Matt Cecil	0:10:46	0:43:19	0:56:23	0:43:05	1:41:00	7		1	1	3	12
David Dejean	0:09:57	0:47:32	0:59:54	0:42:38	1:44:13	7	1	1	1	3	13
December 30, 2018											

Men's

	Long Course					Points for improving time					
TRI-DATE & PARTICIPANT NAME	SWIM (500 yrds)	BIKE (15 Miles)	Swim/Bike Overall	RUN (5 Miles)	OVERALL TIME	Participation (7)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
Chris Ahl	0:09:04	0:46:35	0:58:36	0:46:23	1:48:18	7			1		8
Greg Wilkerson	0:11:21	0:42:21	0:56:35	0:58:34	1:55:21	7		1			8
Jeff Oberle	0:09:42	0:47:06	1:00:02	0:46:33	1:48:24	7		1	1	3	12
David Dejean	0:09:51	0:46:50	0:58:56	0:39:55	1:39:57	7		1	1	3	12
January 13, 2019											
Chris Ahl	0:08:52	0:45:34	0:56:43	0:49:02	1:46:57	7	1	1		3	12
Matt Cecil	0:08:54	0:43:55	1:00:00	0:43:01	1:47:12	7	1		1		9
Jeff Oberle	0:09:45	0:46:34	1:00:00	0:46:00	1:47:08	7		1	1	3	12
Evan Lardinois	0:09:14	0:37:47	0:49:30	0:38:19	1:29:13	7	1	1	1	3	13
January 27, 2019											
Chris Ahl	0:09:20	0:45:59	0:58:12	0:48:24	1:48:50	7			1		8
Ross Brayton	0:10:26	0:46:27	1:01:50	0:51:07	1:56:28	7	1	1	1	3	13
Jeff Oberle	0:09:28	0:45:15	0:57:06	0:44:48	1:43:58	7	1	1	1	3	13
Matt Cecil	0:10:30	0:44:00	0:57:13	0:44:57	1:43:40	7				3	10
Greg Wilkerson	0:10:45	0:44:45	0:58:20	0:53:55	1:53:26	7	1		1	3	12
February 10, 2019											
Ross Brayton	0:10:27	0:49:46	1:05:00	0:56:29	2:05:35	7					7
Jeff Oberle	0:09:15	0:44:30	0:56:54	0:41:40	1:40:30	7	1	1	1	3	13
Matt Cecil	0:10:44	0:44:28	0:57:54	0:45:26	1:44:18	7					7
Greg Wilkerson	0:10:50	0:42:15	0:55:56	0:48:12	1:46:14	7		1	1	3	12
David Dejean	0:09:35	0:47:07	0:54:02	0:40:43	1:41:19	7	1				8
Fernando Magnelli	0:09:34	0:51:56	1:03:41	0:55:38	1:56:32	7	1				8
Mike Duchek	0:09:35	0:53:09	1:08:19	0:41:40	1:46:27	7	1	1	1	3	13
March 3, 2019											
Chris Ahl	0:08:55	0:49:19	1:01:23	1:01:23	2:05:41	7	1				8
Jeff Oberle	0:09:25	0:43:48	0:57:36	0:43:30	1:41:14	7					7
Matt Cecil	0:10:20	0:44:22	0:57:08	0:43:02	1:41:10	7	1	1	1	3	13
Greg Wilkerson	0:10:59	0:43:30	0:57:39	0:47:26	1:50:00	7					7
Evan Lardinois	0:08:52	0:38:08	0:49:32	0:38:34	1:29:38	7	1	1	1	3	13
Mike Duchek	0:10:16	0:45:29	1:01:12	0:49:07	1:55:21	7		1			8

Men's

	Long Course					Points for improving time					
TRI-DATE & PARTICIPANT NAME	SWIM (500 yrds)	BIKE (15 Miles)	Swim/Bike Overall	RUN (5 Miles)	OVERALL TIME	Participation (7)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
March 10, 2019											
David Dejean	0:09:25	0:47:52	0:59:37	0:42:19	1:45:47	7	1	1	1	3	13
March 24, 2019											
Fernando Magnelli	0:09:50	0:49:44	0:55:24	0:48:44	1:45:40	7		1	1	3	12
Jeff Oberle	0:09:18	0:42:20	0:54:10	0:47:35	1:43:30	7	1	1			9
Jeremy Adamson	0:09:45	0:49:10	01:02:09	0:49:09	01:54:10	7	1	1	1	3	13
Tim Almstedt	0:10:54	0:10:54	NA	1:20:16	2:35:56	7					7
Matt Cecil	0:10:35	0:44:03	0:57:35	NA	1:41:35	7		1			8
April 7, 2019											
Jeremy Adamson	0:09:58	0:48:39	1:02:27	0:40:48	1:53:22	7		1	1	3	12
Jeff Oberle	0:09:20	0:45:27	0:57:43	0:26:30	1:25:48	7					7
April 28, 2019											
Jeff Oberle	0:09:01	0:46:12	0:57:43	0:26:30	1:27:31	7	1				8