Men's

	Long Course					Points for improving time					
PARTICIPANT NAME	SWIM (500 yrds)	BIKE (15 Miles)	Swim/Bike Overall	RUN (5 Miles)	OVERALL TIME	Participation (7)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
October 27th, 2019											
Michael Duchek	0:09:57	0:49:33	1:02:48	0:49:59	1:54:24	7	1	1	1	3	13
John Stahr	0:08:20	0:40:38	0:49:37	0:39:21	1:32:25	7	1	1	1	3	13
Justin Stahr	0:08:25	0:38:52	0:51:19	0:40:57	1:34:00	7	1	1	1	3	13
James Wood	0:08:00	0:45:58	0:55:59	0:50:59	1:46:50	7	1	1	1	3	13
David Dejean	0:09:48	0:46:00	0:58:23	0:44:59	1:45:08	7	1	1	1	3	13
November 3rd, 2019											
John Stahr	0:08:07	0:41:48	0:51:42	0:39:48	1:32:10	7	1			3	11
James Wood	0:09:54	0:44:17	0:56:27	0:46:45	1:44:39	7		1	1	3	12
Daniel Pilla	0:11:34	0:44:24	1:00:14	0:45:25	1:47:45	7	1	1	1	3	13
Jason Rothermich	0:11:06	0:46:17	1:04:00	0:45:12	1:54:00	7	1	1	1	3	13
November 10th, 2019											
John Stahr	0:08:17	0:42:51	0:52:50	0:00:00	1:30:49	7					7
James Wood	0:08:09	0:46:08	0:56:36	0:46:09	1:44:12	7	1		1	3	12
November 24th, 2019											
Paul Wright	0:09:49	0:47:29	1:00:59	0:43:40	1:47:02	7	1	1	1	3	13
Jeff Oberle	0:09:33	0:45:47	0:59:37	0:43:20	1:45:09	7	1	1	1	3	13
Michael Duchek	0:09:07	0:46:56	0:59:05	0:44:22	1:45:07	7	1	1	1	3	13
James Wood	0:08:22	0:47:57	0:58:47	0:43:22	1:43:37	7			1	3	11
Jason Rothermich	0:11:22	0:46:01	1:02:20	0:44:24	1:53:30	7		1	1	3	12
December 15th, 2019											
Cancelled- Snow											
December 22nd, 2019											
Paul Wright	0:09:41	0:46:33	0:58:55	0:42:36	1:42:34	7	1	1	1	3	13
Michael Duffy	0:09:27	0:39:57	0:52:40	0:41:38	1:36:10	7	1	1	1	3	13
Jason Rothermich	0:10:50	0:43:47	1:00:43	0:40:56	1:41:39	7	1	1	1	3	13
Jeff Oberle	0:09:18	0:44:44	0:57:20	0:42:59	1:40:39	7	1	1	1	3	13
James Wood	0:08:30	0:47:46	0:58:47	0:42:56	1:41:03	7			1	3	11
January 5th, 2020											
Jason Rothermich	0:10:08	0:43:45	0:59:23	0:43:14	1:38:46	7	1	1		3	12

Men's

	Long Course					Points for improving time					
PARTICIPANT NAME	SWIM (500 yrds)	BIKE (15 Miles)	Swim/Bike Overall	RUN (5 Miles)	OVERALL TIME	Participation (7)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
John Stahr	0:10:27	0:41:35	0:54:01	0:42:18	1:37:25	7		1			8
James Wood	0:09:51	0:45:53	0:57:52	0:41:17	1:40:28	7		1	1	3	12
Justin Stahr	0:09:58	0:40:00	0:52:10	0:36:51	1:30:17	7			1	3	11
Paul Wright	0:09:19	0:56:10	0:44:39	0:41:31	1:40:01	7	1		1	3	12
January 26th, 2020											
Noah Cutahall	00:07:38	00:41:23	00:53:17	00:42:56	01:37:34	7	1	1	1	3	13
Travis Staebell	00:08:12	00:41:48	00:53:12	00:32:57	01:28:14	7	1	1	1	3	13
Jason Rothermich	00:09:50	00:43:33	00:58:00	00:42:21	01:36:24	7	1	1	1	3	13
John Stahr	00:08:24	00:39:25	00:49:40	00:40:00	01:30:54	7		1	1	3	12
Justin Stahr	00:08:08	00:40:50	00:50:53	00:35:21	01:27:59	7	1		1	3	12
James Wood	00:08:06	00:47:15	00:58:14	00:43:06	01:43:06	7	1				8
February 9th, 2020											
Jake Duff	0:10:10	0:41:36	0:54:06	0:43:43	1:38:52	7	1	1	1	3	13
Zac Boedeker	0:09:14	0:42:14	0:54:29	0:49:20	1:45:04	7	1	1	1	3	13
David Dejean	0:09:43	0:45:46	0:58:23	0:44:19	1:43:01	7	1	1	1	3	13
Jason Rothermich	00:09:45	00:45:03	01:00:38	00:44:27	01:49:42	7	1				8
Paul Wright	00:09:17	00:44:12	00:55:52	00:58:47	01:57:10	7	1	1		3	12
James Wood	00:08:10	00:49:31	01:00:11	00:43:17	01:44:48	7					7
February 16th, 2020											
Michael Duffy	00:09:08	00:39:50	00:52:48	00:42:20	01:37:00	7	1	1		3	12
Michael Duchek	0:09:08	0:48:08	1:00:47	0:46:56	1:58:00	7					7
James Wood	00:07:58	00:48:41	00:59:45	00:42:30	01:47:00	7	1		1		9
Daniel Pilla	0:11:51	0:43:05	0:59:18	0:52:14	1:54:32	7	1	1	1	3	13
John Stahr	00:08:16	00:39:25	00:49:42	00:41:30	01:32:20	7					7
Jeff Oberle	0:09:20	0:40:39	0:51:07	0:42:19	1:41:00	7		1	1		9
Noah Cutahall	00:08:17	00:42:32	00:54:58	00:37:46	01:32:00	7			1	3	11
March 8th, 2020											
March 15th, 2020											

Men's

	Long Course					Points for improving time					
PARTICIPANT NAME	SWIM (500 yrds)	BIKE (15 Miles)	Swim/Bike Overall	RUN (5 Miles)	OVERALL TIME	Participation (7)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
March 29th, 2020											
April 5th, 2020											
April 26th, 2020											