

Men's

TRI-DATE & PARTICIPANT NAME	Short Course					Points for improving time					
	SWIM (300 yds)	BIKE (10 Miles)	Swim/Bike Overall	RUN (3 Miles)	OVERALL TIME	Participation (5)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
Adam Duchek	0:07:47	0:23:58	0:36:49	0:33:18	1:11:27	5		1	1	3	10
Jeremy Adamson	N/A	0:24:37	0:24:37	0:28:30	0:54:36	5		1			6
Tariq Quadri	0:04:45	0:16:58	0:23:33	0:23:08	0:47:29	5	1	1	1	3	11
Fernando Perez	0:05:24	0:19:53	0:27:48	0:27:55	0:57:05	5	1	1	1	3	11
Cory Stutsman	0:05:48	0:22:33	0:33:04	0:30:00	1:04:20	5	1	1			7
December 10, 2017											
Jeremy Adamson	0:05:45	0:24:45	0:33:38	0:29:46	1:04:48	5	1				6
Adam Duchek	0:07:42	0:22:05	0:34:37	0:41:09	1:17:35	5	1	1			7
Tom Payne	0:05:35	0:24:04	0:32:27	0:27:56	1:01:22	5			1		6
Tariq Quadri	0:04:49	0:17:00	0:23:48	0:22:54	0:47:34	5					5
Bill Sanders	0:08:24	0:19:53	0:30:28	0:29:50	1:01:23	5	1				6
Curt Neff	0:05:47	0:21:30	0:28:56	0:29:16	0:59:14	5	1	1	1	3	11
Craig Ficken	0:05:15	0:19:47	0:21:25	DNF	0:21:25	5	1	1			7
Trevor Wolfe	0:06:25	0:19:57	0:28:55	0:25:13	0:54:04	5	1	1	1	3	11
Tony Kersting	0:06:17	0:19:55	0:30:59	0:25:50	0:59:45	5		1			6
Jeff Oberle	0:05:26	0:19:47	0:27:44	0:23:20	0:51:47	5		1	1		7
Cory Stutsman	0:06:05	0:19:52	0:28:28	0:28:26	0:58:02	5		1	1	3	10
December 17, 2017											
Jeremy Adamson	0:05:48	0:22:27	0:31:50	0:29:48	1:03:36	5		1		3	9
Tony Kersting	0:06:10	0:20:34	0:20:28	0:24:28	0:59:04	5	1		1	3	10
Tariq Quadri	0:04:46	0:17:04	0:23:44	0:22:44	0:47:15	5	1		1	3	10
Fernando Perez	0:05:17	0:19:53	0:27:37	0:27:40	0:56:55	5	1		1	3	10
Cory Stutsman	0:05:46	0:20:42	0:28:20	0:28:13	0:57:35	5	1		1	3	10
Bob Boles	0:05:36	0:19:54	0:28:21	0:28:59	0:58:20	5	1				6
David Reynolds	0:05:54	0:19:56	0:28:35	0:41:13	1:10:53	5	1				6
Scott Paintez	0:05:49	0:20:58	0:29:54	0:32:25	1:04:09	5	1	1	1	3	11
December 31, 2017											
Cory Stutsman	0:05:34	0:20:43	0:28:51	0:27:01	0:56:44	10	2		2	6	20
Adam Duchek	0:07:02	0:25:41	0:35:41	0:50:46	1:12:00	10	2			6	18
Mike Duchek	0:05:43	0:22:14	0:37:51	0:25:44	1:05:48	10	2	2	2	6	22

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James Ritter	0:05:00	0:19:47	0:26:53	0:22:37	0:50:10	10	2	2	2	6	22
Tariq Quadri	0:05:02	0:17:21	0:24:09	0:22:28	0:47:17	10			2		12
Tim Whitecotton	0:04:54	0:18:46	0:20:18	0:22:35	0:51:07	10	2	2	2	6	22
John Peterson	0:07:32	0:21:31	0:33:36	DNF	DNF	10					10
David Dejean	0:05:45	0:21:38	0:29:48	0:23:05	0:53:58	10	2	2	2	6	22
Tom Gutmann	0:06:30	0:19:46	0:29:39	0:28:56	0:59:16	10	2	2	2	6	22
John James	0:05:01	0:19:57	0:28:02	0:21:38	0:50:58	10			2	6	18
Bill Sanders	0:07:57	0:19:48	0:30:07	0:29:35	1:01:18	10	2		2	6	20
Scott Paneitz	0:05:28	0:19:59	0:28:57	0:29:21	1:00:03	10	2	2	2	6	22
David Reynolds	0:06:09	0:19:49	0:28:47	0:40:40	1:11:00	10		2	2		14
Mike Bryant	0:07:19	0:22:14	0:34:00	0:33:20	1:08:39	10	2	2			14
Jeremy Adamson	0:05:42	0:25:49	0:29:49	0:27:49	1:05:49	10	2		2		14
January 14, 2018											
David Reynolds	0:05:51	0:19:46	0:28:47	0:43:52	1:13:05	5	1	1			7
David Dejean	0:05:50	0:19:47	0:27:24	0:23:32	0:51:55	5		1		3	9
Bob Boles	0:05:30	0:19:47	0:28:21	0:25:47	0:53:50	5	1	1	1	3	11
Fernando Perez	0:05:39	0:17:44	0:25:16	0:29:35	0:54:41	5		1		3	9
Tom Gutmann	0:05:58	0:21:21	0:29:39	0:28:32	1:04:36	5		1	1		7
Jeremy Adamson	0:05:30	0:22:27	0:30:59	0:27:49	1:05:49	5	1	1			7
Tony Kersting	0:05:53	0:19:54	0:20:28	0:28:03	1:00:03	5	1	1			7
Tariq Quadri	0:04:50	0:17:30	0:25:45	0:23:27	0:48:16	5	1				6
Jorge Perez	0:05:25	0:19:46	0:25:16	0:28:32	0:56:30	5	1	1	1	3	11
Marc Tahull	0:03:06	0:20:12	0:25:53	0:26:49	0:53:38	5	1	1	1	3	11
Scott Paintez	0:05:15	0:20:24	0:29:48	0:27:05	0:57:56	5	1		1	3	10
January 28, 2018											
Jeremy Adamson	0:05:42	0:21:57	0:31:34	0:26:34	1:00:18	5		1		3	9
Adam Duchek	0:06:56	0:25:00	0:34:53	0:41:10	1:19:15	5	1	1	1		8
Tariq Quadri	0:04:55	0:17:03	0:23:49	0:22:44	0:48:28	5		1	1		7
Tony Kersting	0:06:05	0:20:29	0:29:45	0:24:00	0:57:50	5			1	3	9
David Dejean	0:05:30	0:19:50	0:27:12	0:23:31	0:54:24	5	1	1			7

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	SWIM (300 yds)	BIKE (10 Miles)	Swim/Bike Overall	RUN (3 Miles)	OVERALL TIME	Participation (5)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
Marc Tahull	0:03:18	0:19:57	0:25:08	0:25:39	0:51:36	5		1	1	3	10
Brent Pitzer	0:03:28	0:19:48	0:25:31	0:18:55	0:46:10	5	1	1	1	3	11
February 11, 2018											
Marc Tahull	0:03:16	0:19:47	0:25:12	0:24:27	0:50:21	5		1	1	3	10
Scott Paintez	0:05:06	0:20:30	0:29:17	0:32:43	1:03:32	5	1				6
Adam Duchek	0:07:11	0:26:18	0:36:57	0:40:07	1:17:59	5					5
Mike Duchek	0:05:21	0:20:25	0:28:46	0:25:41	0:56:59	5	1	1	1	3	11
Tariq Quadri	0:05:02	0:17:42	0:24:43	0:23:00	0:48:45	5					5
Tony Kersting	0:06:06	0:19:58	0:30:56	0:24:24	0:58:04	5		1	1		7
Cort Smith	0:05:44	0:19:48	0:29:54	0:31:27	1:02:50	5	1	1	1	3	11
David Reynolds	0:05:58	0:19:49	0:28:32	0:40:02	1:09:52	5			1	3	9
Bob Boles	0:05:16	0:19:49	0:26:58	0:24:59	0:52:39	5	1		1	3	10
Bill Sanders	0:08:13	0:21:47	0:32:04	0:32:30	1:05:54	5					5
Scott Deavilla	0:04:07	0:21:57	0:29:40	0:40:20	1:11:18	5	1	1	1	3	11
Jerry Blankenship	0:08:09	0:20:22	0:31:45	0:25:25	1:00:04	5	1	1	1	3	11
Jeremy Adamson	0:05:39	0:23:11	0:32:26	0:27:40	1:01:48	5	1				6
February 18, 2018											
Tariq Quadri	0:04:49	0:18:02	0:24:44	0:22:39	0:48:07	5	1	1	1	3	11
Cory Stutsman	0:05:32	0:19:05	0:36:39	0:27:52	0:55:20	5	1	1		3	10
Adam Duchek	0:06:41	0:20:18	0:29:08	0:34:51	1:05:08	5	1	1			7
Mike Duchek	0:05:21	0:20:09	0:28:03	0:25:25	0:54:45	5		1	1	3	10
Steven Shorely	0:05:22	0:25:25	0:35:59	0:25:17	1:02:38	5	1	1	1	3	11
Jeremy Adamson	0:05:43	0:22:13	0:31:17	0:26:17	0:58:49	5		1	1	3	10
March 4, 2018											
Tariq Quadri	0:04:55	0:24:06	0:24:44	0:22:28	0:47:17	5			1	3	9
Tony Kersting	0:05:29	0:20:03	0:29:48	0:28:03	1:00:03	5	1				6
Jerry Blankenship	0:07:53	0:20:22	29:31:00	0:26:10	0:56:53	5	1			3	9
Adam Duchek	0:06:33	0:23:36	0:32:57	0:34:19	1:08:20	5	1		1		7
Randy Leonard	0:04:22	0:22:16	0:30:15	0:35:46	1:07:04	5	1	1	1	3	11
Tim Leonard	0:07:15	0:20:04	0:29:55	0:28:20	0:59:56	5	1	1	1	3	11

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	SWIM (300 yds)	BIKE (10 Miles)	Swim/Bike Overall	RUN (3 Miles)	OVERALL TIME	Participation (5)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
Kyle Leonard	0:04:48	0:19:46	0:27:58	0:22:02	0:49:34	5	1	1	1	3	11
Aaron Seavers	0:04:33	0:20:59	0:29:22	0:31:12	1:02:22	5	1	1	1	3	11
Steven Shorely	0:05:12	0:20:16	0:29:15	0:24:13	0:54:45	5	1	1	1	3	11
Garrett Kaiser	0:04:50	0:22:16	0:30:05	0:22:44	0:54:05	5	1	1	1	3	11
March 18, 2018											
Adam Duchek	0:06:46	0:20:30	0:30:20	0:36:58	1:08:51	5		1			6
Jeremy Adamson	0:05:30	0:22:28	0:31:33	0:25:33	0:58:44	5	1		1	3	10
Tom Payne	0:05:32	0:21:18	0:30:01	0:25:41	0:56:52	5	1		1	3	10
Tariq Quadri	0:04:48	0:16:47	0:23:29	0:23:04	0:47:40	5	1	1			7
David Reynolds	0:05:53	0:19:47	0:28:27	0:41:45	1:11:32	5	1	1			7
John James	0:04:55	0:19:47	0:27:14	0:21:50	0:50:30	5	1	1			7
Scott Paneitz	0:04:42	0:19:50	0:33:58	0:27:51	1:03:55	5	1	1			7
Chris Ahl	0:05:42	0:18:48	0:27:28	0:30:05	0:59:12	5	1	1	1	3	11
Bob Boles	0:05:16	0:19:05	0:30:55	0:29:50	1:02:19	5	1	1			7
James Ferrell	0:11:54	0:24:33	0:40:13	00:33:40	1:16:25	5	1	1	1	3	11
Brent Pitzer	0:04:06	0:20:08	0:26:39	0:19:17	0:46:45	5					5
April 8, 2018											
Tim Fortune	0:06:34	0:19:30	0:26:15	0:20:28	0:45:00	5	1	1	1	3	11
Cort Smith	0:06:15	0:20:34	0:30:40	0:36:03	1:08:00	5					5
Tony Kersting	0:05:17	0:22:30	0:33:20	0:25:19	1:00:02	5	1		1	3	10
Chris Brobst	0:06:36	0:19:18	0:28:50	0:25:00	0:54:30	5	1	1	1	3	11
Adam Duchek	0:06:44	0:25:55	0:36:50	0:37:37	1:17:00	5	1				6
James Ferrell	0:09:54	0:20:00	0:35:54	0:33:40	1:10:53	5	1	1		3	10
April 22, 2018											
Adam Duchek	0:06:57	0:22:12	0:32:21	0:39:40	1:22:46	5		1			6
Mike Duchek	0:05:03	0:19:49	0:26:44	0:24:11	0:51:20	5	1	1	1	3	11
Bill Sanders	0:08:33	0:22:05	0:33:15	0:34:17	1:09:31	5					5
Tony Kersting	0:05:32	0:22:29	0:31:23	0:24:51	0:59:01	5		1	1	3	10

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	SWIM (300 yrds)	BIKE (10 Miles)	Swim/Bike Overall	RUN (3 Miles)	OVERALL TIME	Participation (5)	Swim (1)	Bike (1)	Run (1)	overall (3)	Total Pts
Scott Prombo	0:08:10	0:21:46	0:33:52	0:33:15	1:08:24	5	1	1	1	3	11
Chris Prombo	0:09:49	0:21:53	0:37:48	0:36:03	1:15:07	5	1	1	1	3	11
Jeff Oberle	0:05:22	0:19:51	0:27:28	0:24:33	0:52:55	5	1				6
Steven Shorley	0:05:04	0:19:58	0:27:50	0:26:26	0:55:45	5	1	1	1	3	11