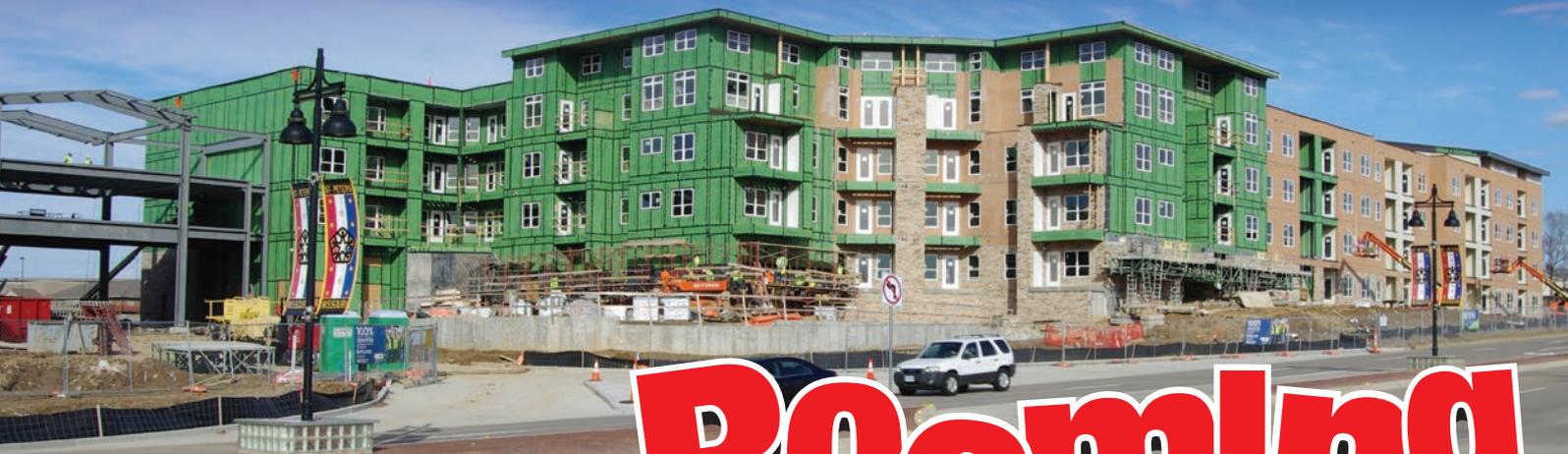


My Hometown



April - May 2019
www.stpetersmo.net



Construction **Booming** *in St. Peters!*



INSIDE: Rec-Plex 25th Birthday • Blue Cart Crew • Shred It • Urban Coyotes



St. Peters Rec-Plex **25th** ANNIVERSARY **PARTY**

Saturday, June 15, 2019 • 7 a.m. – 7 p.m.

YOU'RE INVITED!
FREE & OPEN TO THE PUBLIC!

Help us celebrate the 25th anniversary of the St. Peters Rec-Plex and what the facility has meant to our community since opening its doors in 1994. Bring the entire family for a FREE day of fun during this birthday bash! *New to the Rec-Plex?* Come see why the Rec-Plex continues to be an amazing place for friends, family and fitness—it's one of the reasons why St. Peters was named by MONEY Magazine as the 15th Best Place to Live in America!



Available Free Activities on June 15:

Swimming • Ice Skating • Fitness Rooms*
Walking Track* • Fitness Classes*
Youth Fitness Room • Basketball
Giveaways • Memorabilia • FREE Refreshments
DJ SKATE with music and on-ice activities!

PAINT THE ICE! Come paint your own designs on the North Rink ice for a very cool 25th anniversary masterpiece!

Detailed schedule to come ... visit
www.stpetersmo.net/Rec-Plex.

*Age restrictions may apply



25 YEARS
1994-2019

www.stpetersmo.net/Rec-Plex

Christia Jones Inspires Students on Land and in Water



The St. Peters Rec-Plex is celebrating 25 years in our community, and we're looking back on the many successes we've enjoyed since opening in 1994. Our instructors play an important part in that success. Christia Jones started teaching classes about 20 years ago at the Rec-Plex and quickly became a favorite. Here is Christia's story.

Aqua Aerobics Instructor Christia Jones' students are never bored,

eliminating one of the most common excuses to avoid exercising. She teaches six advanced classes per week at the Rec-Plex, as well as Aqua Volleyball and Deep Water classes in the summer, providing a variety of moves and equipment in a soothing environment with wonderful people she lovingly calls her "Water-Babies." They call her "Sarge."

Like most exercise, water aerobics has many benefits. According to Christia, even low-impact classes provide a lot of resistance to strengthen the body. Her high-impact classes, however, offer the added bonuses of flexibility, muscle strength and buoyancy. "On land," she said, "someone may be only working quads or upper body, but pushing foam dumbbells and applying pressure and resistance back and forth against the water gives the whole body a workout in multiple directions."

High-impact water aerobics also increases heart rate and resistance through kicking, jumping and jogging ... taking it up a level that is definitely not basic or intermediate. For safety, Christia recommends starting with a beginner's class if you're new to aqua aerobics. "I put my classes through a high-impact workout," she said, "And the men and women work hard to be in good shape. I also weight train and try to stay in the best shape possible."

Water aerobics works every muscle possible. Students swim laps, jog, do leg lifts, and work the core, biceps, triceps or shoulders, glutes, calves, and hamstrings. Christia said the water can be sneaky, so don't underestimate the power. You may not get as sore or fatigued as you would on dry land because "the water is also soothing to the muscles and joints," she said. "However, some people get sore and fatigued, depending on the workouts."

Christia plays music during class to motivate students. They listen to country, pop, and everything in between, which encourages everyone to push more, and work out harder. "As my music speeds up, students speed up, and when it slows, they slow," she said. "We always begin with a warm-up, and end with a cool-down for the hour-long classes."

Christia also varies the equipment in every class to keep students engaged. They routinely use foam dumbbells, three-, two-, and one-pound hand weights, long and short resistance bands, swim boards, noodles, and aqua belts. "They never know what I'm going to do," she said. "I have students who take four classes a



POOL SEASON IS COMING: *Discounts for Rec-Plex Members!*

Ready for fun in the sun at St. Peters' two aquatic facilities? Visit The Cove at St. Peters and Laurel Park Pool—both facilities are available to you when you purchase an Outdoor Pool Pass! Passes go on sale beginning April 1. The 2019 outdoor pool season in St. Peters will begin Memorial Day weekend. Daily admission is also available.

NEW FOR 2019: Rec-Plex members get **30-40% off** a St. Peters outdoor pool pass, plus admission is **FREE** for toddlers ages 2 and under.

The **Cove at St. Peters**, 5270 Mexico Rd., is the new aquatic center at City Centre (next to Rec-Plex South) with activities for kids and adults alike! It's a place where kids of all ages have plenty to do, while parents can enjoy a relaxing time in the pool. Features include:

- An 8,000-square-foot Leisure Pool with one of the widest zero-entry beaches in the county, plus an elevated play structure, seven different water features and a slide from the elevated platform.
- Underwater benches and peninsula barriers that separate activities from more relaxing areas for parents and families.
- A splash pad area with 19 various water features.
- Two intertwining waterslides.
- A 3,200-square-foot Activity/Sports Pool versatile enough to offer something for both kids and adults.

Laurel Park Pool, 181 Driftwood Ln., is located in the heart of Laurel Park, one of our most popular recreational parks. You can reach this pool by taking McClay Road to McClay Valley Boulevard, or from Jungermann Road by taking Barkwood Trails to Driftwood Lane. The pool features a large shallow water area, a splash pad, a 1-meter diving board, a large sunbathing area and two dedicated 25-meter lap lanes. A concession stand is available for light snacks and cool soft drinks.

Learn more at www.stpetersmo.net/pools.



Construction Booming in St. Peters!

Residential + Commercial Projects = Construction + Permanent Jobs!

Some of the busiest people in St. Peters are construction workers. Whether you look at the giant projects at Premier 370 like the Amazon and FedEx facilities, or the several new apartment complexes being built along Mexico Road, near BJC Hospital or the 364-94 corridor, or maybe you've seen workers at some of the single-family housing developments or outlots at existing malls like the Shoppes of Mid Rivers and other restaurants and hotels; businesses are on the way and construction workers are working hard to get the job done!

In fact, 4 million square feet of new commercial space has either opened or started construction in St. Peters since 2017.

Central States Manufacturing is the latest company to break ground at Premier 370. The new 53,600-square-foot plant at 9001 Premier Parkway will be the first operation for Central States in Missouri and will create 88 new full-time jobs.

What's the secret in St. Peters? FasTrac. It's the pride the City of St. Peters Economic Development team has in working with our existing businesses and companies looking at our region for a new home. The motto is "We speed your idea to reality."

St. Peters pulls together the experts across all functions to meet with the business team considering expanding in or moving to St. Peters. We expedite the project with a "one stop" approach to the permitting process. The result—St. Peters has a successful track record to keep projects on time and on budget! And, the City stays in touch with the business team through the process AND after the ribbon cutting. When businesses come to St. Peters, or choose to stay here, they become part of the St. Peters family—that's why business is booming here!

Businesses say there are lots of reasons to choose St. Peters. They're probably some of the same reasons you chose St. Peters as your hometown. In addition to our FasTrac economic development process, they cite some of the following as reasons why they chose St. Peters:

- Location-location-location! Close to everything—airport, 25 minutes from downtown, St. Louis Cardinals, Blues Hockey, or beautiful wine country, St. Louis Symphony, Art Museum, Science Center or Zoo

- Outstanding quality of life: 25 parks and more than 20 miles of paved trails, nationally-recognized public golf course, the Rec-Plex, Cultural Arts Centre, high-quality, moderately priced housing options; lowest fees for City services

- Excellent schools and higher education options

- MONEY Magazine #15 Best Place to Live

- Award-winning City government

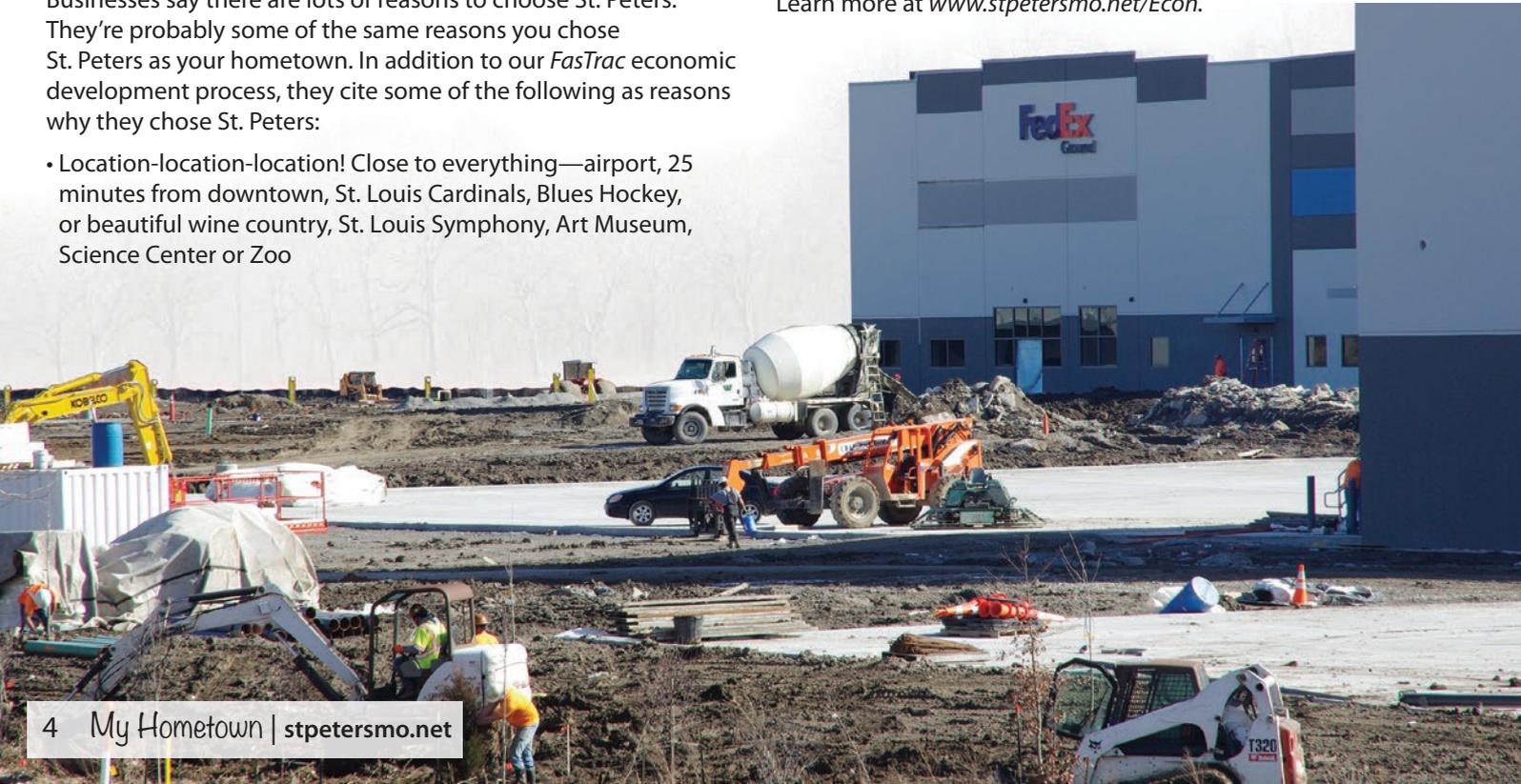
- Welcoming all business categories: Advanced Manufacturing/ Industrial, Retail/Commercial/Professional Office, Technology, Medical, Warehouse Distribution, Mom and Pop

While there's lots of business and economic development activity in St. Peters, it's still the number one place to live in our region.

For the fourth consecutive year, the St. Louis Business Journal says more homes were sold in the 63376 zip code, St. Peters, than in any other zip code in the bi-state region. Plus, multi-family housing units just opening and under construction will welcome another 1,100 households to "My Hometown."

What does all this mean for our residents? Number one, it means jobs-jobs-jobs! More job opportunities so that more of us can choose to work closer to home and have more time for family, friends and fun at some of our great St. Peters amenities! It means the City has more revenue opportunities to help keep our fees some of the lowest while providing excellent amenities for our residents and guests. And, it means those construction workers will be kept busy on job sites building housing, bringing new jobs and expanding the company facilities for the businesses already proud to call St. Peters "My Hometown!"

Learn more at www.stpetersmo.net/Econ.



JOIN THE BLUE CART CREW!

Enroll Now to Recycle Curbside with Blue Bags

The City of St. Peters' curbside recycling program has moved to a subscription-only service. Enroll today at www.stpetersmo.net/Recycle to be part of the new **Blue Cart Crew** curbside recycling program!

You also can enroll at www.stpetersmo.net/Recycle to recycle if you live in an apartment or condo with a community dumpster through the St. Peters Blue Crew recycling program for multi-family customers.

Beginning April 1, Blue Bags are only available to residents who subscribe and pledge to use Blue Bags only for recycling – not for trash or any other purposes. Blue Bags are no longer available at City facilities but can still be obtained as a member of the Blue Cart Crew through the "Tie It On" program: Just tie your last Blue Bag on the handle of your Blue Cart and we'll throw you a new roll of Blue Bags on collection day. (St. Peters Blue Crew customers living in apartments or condos can receive a year's supply of Blue Bags delivered to their home.)

Why switch to the new Blue Cart Crew program? The new subscription-only Blue Cart Crew program will cut our costs for recycling with Blue Bags. The cost to the City of St. Peters for Blue Bags grew from around \$50,000 a year to about \$190,000 a year over the past decade without the benefit of an increase in recycling. This increase in cost is because many people used Blue Bags for regular trash or other purposes besides recycling.

Recycling is part of our community's effort to be more sustainable and save money to keep costs low for our customers. Recycling saves money in two ways: 1) We resell recycled materials, and 2) We reduce landfill tipping fees. This effort helps keep St. Peters' recycling and trash fees the lowest in our area.

Thank you to the 4,300-plus Blue Cart Crew members who have joined up so far! Please join us on the Blue Cart Crew and help put the landfill on a diet! Enroll now or learn more at www.stpetersmo.net/Recycle or call 636-970-1456.



Winter Delays

This winter's snow, ice and cold weather have been a real problem for all of us—and the winter weather has really been a challenge for our major construction projects. No one likes to see a delay on these projects. In St. Peters, we pride ourselves in completing construction projects on budget and on time!

Unfortunately, sometimes we don't have control over the schedules—Mother Nature has her own timetable.

Be assured, as the weather clears up, we'll be making every effort to get City of St. Peters projects moving to get them completed as quickly, on budget and as safely, as possible.



NEVER MISS YOUR TRASH COLLECTION AGAIN!

FREE APP!

Want help remembering your next collection day for trash, recycling, yard waste and bulky trash? We've got an app for that!

Visit www.stpetersmo.net/trash to check out the free STP Collects online app or download the app to your smart phone for helpful reminders about your next collection day.



Spring is back—and so is yardwork. Please remember as you cut your lawn and tend to your garden this season, we need your help to allow “Only Rain Down the Storm Drain.” Storm drains are designed to allow stormwater to enter and drain to nearby streams. Here are some “DOs and DON'Ts” to keep our streams and stormwater basins healthy and avoid flash flooding in your neighborhood:

- **DON'T** sweep leaves or blow grass clippings into the street. The debris can block storm drains and cause flooding. Plus, yard waste can make it through the drain and promote the growth of algae in streams and lakes due to an increase in nutrients.

Learn more about stormwater management in St. Peters at www.stpetersmo.net/water.

Water Backflow Prevention Devices & Testing Requirements

If you have a lawn irrigation system at your home or business, you are required by the Missouri Department of Natural Resources to:

1. Have an approved backflow prevention device. St. Peters Code 705.320 requires that all irrigation systems have a reduced pressure principle backflow prevention device.
2. Have the device tested annually.

Backflow prevention devices must be tested by a state certified backflow prevention tester, and the test reports must be submitted to your water supplier by the anniversary date established by the supplier. For those residents who receive water from the City of St. Peters, that anniversary date is **June 1**. Remind your irrigation service contractor to send a copy of the test report to your water supplier. **This test is required whether or not you plan to use your irrigation system.** St. Peters ordinance also requires that residents maintain records of their devices from purchase to retirement. If a device is removed from service, proof of proper disconnection and cap off shall be provided.

- **DO** collect leaves and other yard waste on your property and use your City of St. Peters brown yard waste cart for curbside yard waste pickup.
- **DON'T** dump dog waste into storm drains. Pet waste contributes to significant bacteria levels when it drains into our creeks.
- **DO** pick up all pet waste in appropriate bags and place the bags in your trash cart.
- **DON'T** place anything onto or into a storm inlet drain, including pipes, fencing, screening, leaves, yard waste, pet waste, rock, soil, mulch, chemicals, concrete waste or any other solid waste. Drainage pipes placed directly into the throat of a stormwater inlet opening reduces the available opening that can receive stormwater.
- **DO** keep objects off and away from stormwater inlets if you have inlets on or around your property. This will help stormwater flow into the drain, instead of backing up and potentially flooding your property.
- **DO** sweep fertilizer, pesticides, and herbicides off of all hard surfaces back into your lawn and only use appropriate amounts to protect water quality.



A \$10 administrative fee is required for each backflow prevention device test report submitted.

Backflow prevention devices help protect you and our community by preventing potentially contaminated water from coming back through the irrigation system and into your home or the public water supply. Many commercial businesses must also have backflow devices on other water supply systems such as boilers, car washes, medical facilities and fire sprinkler systems, to name a few.

If you have any questions regarding backflow protection at your business or residence, call the City of St. Peters at 636-477-6600, ext. 1317. You can also find more information online at dnr.mo.gov/env/wpp/backflow.



Nitrogen Tire Filling Station Opens April 1 for St. Peters Residents

Increase efficiency and save fuel by filling your vehicle's tires with nitrogen! The Nitrogen Tire Filling Station is a free annual service provided to St. Peters residents. St. Peters residents must show a valid Resident Privilege Card to receive this free service. **Appointments must be scheduled in advance.** Call 636-970-1456 for appointments. For residents, online appointments also are available at www.stpetersmo.net/nitrogen.

AVAILABLE AT HES OPERATIONS BLDG., 135 ECOLOGY DR.:

- **St. Peters residents:** April-September
- **Non-Residents*:** May-September
- **HOURS:** 9 a.m.-3:30 p.m. Monday & Friday
8:15 a.m.-1:30 p.m. every third Saturday
Closed holidays, including Saturday before Easter

*\$30 for non-residents paid in advance (residents must display a Resident Privilege Card for free service)

St. Peters Golf Club Hiring for Caddy's Bar and Grill

Caddy's bar and grill inside St. Peters Golf Club is expected to open soon with construction of the St. Peters Golf and Banquet Center quality of life project, and is currently seeking applicants to fill a variety of positions. Caddy's will replace the former snack bar at St. Peters Golf Club and offer an expanded menu, including bar-food staples like wings, burgers, sandwiches, wraps, salads, toasted raviolis and mozzarella sticks.

*Employee wages will increase and Caddy's employees can earn raises based on hours worked, plus beverage servers and golf shop attendants can earn a \$5/hour premium working at the new **Water's Edge Banquet Center** when it opens later this year.*

The lounge area of Caddy's will seat up to 60 people, plus stools at the full-service bar. A 90-inch television behind the bar will offer a great viewing experience for sports fans, along with three 65-inch televisions situated above the bar. Wooden high- and low-top tables for four will add a sense of warmth to the decor. Large windows will face the veranda, which overlooks the putting green and the first tee box, with seating for 24 guests at outdoor tables with umbrellas and another 65-inch television.

Caddy's is primarily geared toward golfers who come in before and after playing a round of golf, said Dan Emrick, St. Peters' Director of Golf & Banquet Operations, but also will provide another lunch and dinner option for people who work and live near St. Peters Golf Club, located at 200 Salt Lick Road just south of I-70.

Due to seasonal variations, Caddy's won't follow set hours, but plans to operate seven days a week. "It's a weather-based business," Emrick said.

The Shack, the new concession stand that opened last summer in the middle of the golf course, will continue its operation for those who need a food or drink refill, or to use the restroom. The Shack also sells snacks along with hot items like burgers, hot dogs and brats.

In addition, construction on a new entrance to the golf course

is currently underway. Patrons will continue to access St. Peters Golf Club from Salt Lick Road, but the entrance has moved to the signalized intersection at Veterans Memorial Parkway next to the BP Gas Station. A dedicated turn lane will be added, as well as a land bridge that leads to the parking lot.

Caddy's employees also will have the advantage of being able to work at The Shack and during golf tournaments being conducted at the new Tournament Pavilion.

The following jobs are currently open:

- **Beverage Servers:** Now start at \$10/hour and receive 50-cent raises every 500 hours worked. Must be at least 21 years of age. Duties include food & beverage service in Caddy's, The Shack and Tournament Pavilion. Additional \$5/hour premium earned for working events in Water's Edge Banquet Center (optional).
- **Maintenance Attendants:** Now start at \$10/hour and receive 50-cent raises every 500 hours worked. Must be at least 18 years of age. Duties include landscape maintenance around new clubhouse and maintenance of golf course grounds.
- **Golf Shop Attendants:** Now start at \$10/hour and receive 50-cent raises every 500 hours worked. Must be at least 21 years of age. Duties include open/close golf operations, answer phones, operate point of sale system, assist in Caddy's. Additional \$5/hour premium earned for working events in Water's Edge Banquet Center (optional).
- **Food Service Attendants & Cart Attendants:** Start at \$7.65/hour and receive raises every 500 hours worked. Must be at least 16 years of age. Duties include preparation of food and non-alcoholic beverages, clean and set up golf carts, light janitorial duties.

For more information about these positions and to apply, visit www.stpetersmo.net/jobs.



Men's and Ladies' Leagues Begin in April
REGISTER NOW!

Year-Round Senior Scrambles!

www.stpetersmo.net/golf

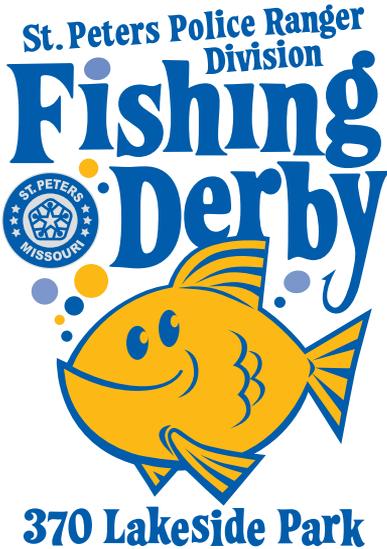
Reserve Your Event!
636-279-8271

WATER'S Edge
BANQUET CENTER

www.stpetersmo.net/watersedge

St. Peters FAMILY FUN DAY

at 370 Lakeside Park ★ Saturday, June 1



\$5/Person • 8:30 a.m. - noon

Check in from 7:30-8:30 a.m. at the marina

- Prizes awarded in two age divisions: 6-12, 13 & up
- Prizes for largest fish caught and most fish caught (1st & 2nd place for each)
- More than \$750 total in prizes and giveaways!

Fishing Derby Registration Information:

- Register by May 15 to guarantee FREE T-shirt (provided by Academy Sports + Outdoors)
- Same-day registration available during check-in
- Register at www.stpetersmo.net/Rec-Connect, in person at St. Peters Rec-Plex, or call 636-939-2386, ext. 1400.



See how high your kite will fly in the breeze off the lake! **Free kites** provided to all children who participate. Or, bring your own kite and join in the fun!

Sponsors:



FOR ALL. FOR LESS.™

LEWIS BOATS



Additional activities:

- Giveaways from Academy Sports
- Kokomo Joe's Bounce House
- Boat Display by Lewis Boats
- Free bottled water
- Enjoy the park's splash pad (bring your swimming suit!)
- Bring your bike for a ride around the lake (4.5-mile trail) or rent an adult-sized bike from the park!

Learn more: www.stpetersmo.net/Calendar

Saturday, April 13 • 370 Lakeside Park

Register by April 3!

www.stpetersmo.net/cleanstream

Looking for a great project to help the environment? One way you or your organization can help is to volunteer for Clean Streams Day in St. Peters on April 13! Help remove trash from our neighborhood streams in order to protect habitat and wildlife, plus prevent creek bank erosion and possibly even flooding.

The staging location for the event will be at 370 Lakeside Park's Corporate Pavilion. Register by April 3 at www.stpetersmo.net/CleanStream.



Great Project for Groups!

Clean Streams Day



Cultural Arts Centre Updates

ARTS CENTRE EXHIBITS

ON DISPLAY NOW AT THE CULTURAL ARTS CENTRE:

Sense of Humor
Through May 5



Enter Your Work in an Art Show!

You don't have to be an Arts Centre member or even a St. Peters resident to submit your work—Arts Centre shows are open to artists of all levels, from amateur to professional!

CALL FOR ENTRIES for **Parental Love Art Exhibit:**

Works must exhibit the "parental love" between animals, birds, fish, humans, etc.



Receiving: 9 a.m.-8:30 p.m. Monday, May 6
Reception: 6-7:30 p.m. Thursday, May 9

See the full list of upcoming 2019 art shows or learn more about how to enter an art show at www.stpetersmo.net/arts.

www.stpetersmo.net/Arts



CULTURAL ART CENTRE ART CLASSES

Our Experts - Your Creations!



Missouri Arts Council Financial assistance for programs at St. Peters Cultural Arts Centre has been provided by the Missouri Arts Council, a state agency.

2019 ST. PETERS SUMMER Arts Camps



REGISTER NOW FOR WEEKLY CAMPS!

This summer, give that young budding artist of yours an "Art Experience" they'll remember! Choose from themed Drawing/Painting Camps, Clay Camps and Fencing Camp. Camps begin June 3—register in advance!

www.stpetersmo.net/Camps

UPCOMING BUS TOURS

Join guide Linda Koenig for motorcoach tours for a fun and informative time on the motorcoach ... lunch is included with each tour! Learn more at www.stpetersmo.net/arts or call 636-939-2386, ext. 1400.

ADVENTURE Awaits!



Commemorating Historic Jefferson Barracks Bus Tour:

8:30 a.m.-4:30 p.m.
Thursday, April 11 • \$91

2019 marks the 75th Anniversary year of D-Day. Commemorate that important year by spending a day touring Jefferson Barracks Park, museums and cemetery.



Warm Springs Clydesdale Ranch & Les Bourgeois Winery Bus Tour:

7 a.m.-6 p.m.
Tuesday, May 14 • \$109

Visit the Anheuser-Busch Clydesdales at their new breeding farm near Boonville, then enjoy lunch and wine/spirits tasting at Les Bourgeois Winery Bistro.

REGISTER NOW: www.stpetersmo.net/rec-connect

April

- 1 **Veterans Memorial Commission**
7 p.m., Cultural Arts Centre
- 2 **Municipal Election**
- 3 **Planning & Zoning Commission**
6:30 p.m., Justice Center
- 11 **Time for Tea Speaker Series**
1 p.m., Cultural Arts Centre
- 11 **Board of Aldermen, Justice Center**
5 p.m. work session, 6:30 p.m. meeting
- 11 **Bus Tour: Jefferson Barracks**
Cultural Arts Centre
- 13 **Clean Streams Day**
8 a.m., 370 Lakeside Park
- 16 **St. Peters Green Team**
5:30 p.m., Rec-Plex South Training Room
- 18 **Senior Advisory Committee**
12:30 p.m., Senior Center
- 22 **Earth Day Aluminum Buy-Back Premium**
8 a.m.-4:30 p.m., Recycle City
- 25 **Board of Aldermen, Justice Center**
5 p.m. work session, 6:30 p.m. meeting
- 27 **National Rx Take Back**
10 a.m.-2 p.m., St. Peters Justice Center

Holiday Hours

	Good Friday April 19	Easter April 21	Memorial Day May 27
City Hall	CLOSED	CLOSED	CLOSED
Cultural Arts Centre	CLOSED	CLOSED	CLOSED
Municipal Court	CLOSED	CLOSED	CLOSED
Police Records	CLOSED	CLOSED	CLOSED
Rec-Plex	OPEN ¹	CLOSED	Open 1-5 p.m. ²
Earth Centre	OPEN ³	CLOSED	CLOSED
Recycle City	OPEN ³	CLOSED ⁴	CLOSED ⁴
Solid Waste Collection	NORMAL	N/A	DELAYED ⁵
Animal Control	ON CALL ⁶	ON CALL ⁶	ON CALL ⁶

1 Rec-Plex administrative offices will be closed, but Registration Desk is open.

2 Rec-Plex administrative offices and Registration Desk closed. Extended public ice skating and swimming sessions from 1-5 p.m.

3 Administrative offices are closed, but the scale house will be open for trash/yard waste disposal and aluminum can buy-back only from 7:30 a.m.-4:30 p.m.

4 Recycle City, including aluminum can buy-back and trash acceptance, will be closed. The Recycle City Drop-Off area will remain open.

5 Trash, recycling and yard waste collection delayed a day for the remainder of the week.

6 For emergency calls only after hours or on a holiday, call Police Dispatch at 636-278-2222.

May

- 1 **Planning & Zoning Commission**
6:30 p.m., Justice Center
- 6 **Veterans Memorial Commission**
7 p.m., Cultural Arts Centre
- 9 **Board of Aldermen, Justice Center**
5 p.m. work session, 6:30 p.m. meeting
- 11 **Save a Tree, Plant a Tree :
Shred It & Forget It + Tree Giveaway**
9 a.m.-noon, HES Operations Building
- 14 **Bus Tour: Warm Springs Ranch**
Cultural Arts Centre
- 16 **Senior Advisory Committee**
12:30 p.m., Senior Center
- 17 **Sunset Fridays Concert:
Wade Trent (Rock/Acoustic)**
6:30 p.m., 370 Lakeside Park
- 17 **Spring Ice Show**
7 p.m., St. Peters Rec-Plex
- 18 **Spring Ice Show**
5 p.m., St. Peters Rec-Plex
- 19 **Spring Ice Show**
2 p.m., St. Peters Rec-Plex
- 21 **St. Peters Green Team**
5:30 p.m., Rec-Plex South Training Room
- 21 **Parks, Recreation & Arts Adv. Board**
6 p.m., Cultural Arts Centre
- 23 **Board of Aldermen, Justice Center**
5 p.m. work session, 6:30 p.m. meeting
- 24 **Sunset Fridays Concert:
Zydeco Crawdaddys (Creole/Cajun)**
6:30 p.m., 370 Lakeside Park
- 27 **Memorial Day Ceremony**
10 a.m., City Centre Veterans Memorial
- 31 **Sunset Fridays Concert:
The Melissa Neels Band (Rock/Blues)**
6:30 p.m., 370 Lakeside Park

St. Peters
FAMILY FUN DAY
at 370 Lakeside Park ★ Saturday, June 1

Save @ Tree, Plant @ Tree

Annual Tree Giveaway at Shred It & Forget It Event
9 a.m.-noon Saturday, May 11
HES Operations Building, 135 Ecology Drive



SAVE A TREE: Shred It & Forget It

Mobile shredders will be available at the spring Shred It & Forget It event for St. Peters and Cottleville residents to securely destroy and recycle unneeded documents for free (limit of five banker-size boxes per vehicle). Additional boxes can be shredded at a charge of \$5 per box. Non-residents can also recycle documents for a fee of \$5 per box, cash only. All of the shredded material will be recycled including the cardboard boxes if they are not needed back.

Do not bring computer discs or hanging file rods. If you can tear it, then you can shred it using this service. The documents may contain staples or paper clips.

A current Resident Privilege Card must be presented to receive the free service. St. Peters Resident Privilege Cards can be obtained at City Hall, the Rec-Plex and Recycle City.

NEXT SHRED IT EVENT: Nov. 2, 2019



PLANT A TREE: Annual Tree Giveaway – Celebrate Arbor Day!

While you're saving trees by dropping off your paper for recycling, why not pick up a tree seedling to plant? Celebrate Arbor Day 2019 with the City of St. Peters' Parks, Recreation and Arts Advisory Board by picking up your free Bald Cypress, Redbud and/or Gray Dogwood tree seedling with planting instructions, plus learn more about keeping your trees healthy.

St. Peters residents, be sure to bring your Resident Privilege Card with you to the HES Operations Building so that you can take advantage of the tree giveaway during the early time between 9-10 a.m. After 10 a.m., trees will be given out to everyone (including non-residents) on a first-come, first-served basis.



Memorial Day Ceremony

Monday, May 27 • 10 a.m.

Veterans Memorial at City Centre

Memorial Day is a national holiday set aside to remember soldiers who died during military service. The St. Peters Veterans Memorial Commission invites you to come out and honor all those American soldiers who gave their lives in the line of duty. Visit www.stpetersmo.net/calendar for more details.



National Rx Take Back

April 27 • 10 a.m.-2 p.m. • St. Peters Justice Center

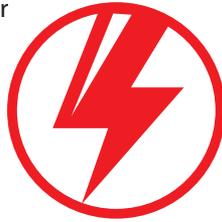
Don't let your unused prescription medications get into the wrong hands. Take advantage of the DEA National Rx Take Back Event on Saturday, April 27, and bring in those old drugs for safe disposal. The St. Peters Police Department is accepting old medications between 10 a.m. and 2 p.m. at the St. Peters Justice Center, 1020 Grand Teton Dr.

Unused medication is a potential source of supply for illegal use and a risk to public health and safety. When people drop off their unused medicines during this event, they eliminate the possibility of the drugs harming someone else or getting into the wrong hands.

This free and anonymous service is coordinated by the U.S. Department of Justice Drug Enforcement Agency. Learn more at www.dea.gov.

Utility Franchise Tax Refunds

St. Peters residents who are 62 years and older or those considered totally disabled by Social Security may be eligible to apply for a refund of their 2018 St. Peters utility franchise tax. This is the amount listed on your 2018 electric and gas bills as “St. Peters tax” and on the cable bills as “franchise fees.”



To be eligible, your maximum 2018 adjusted gross income excluding any taxable Social Security income must not exceed \$43,050 if single or \$49,200 if married.

If you meet these criteria, stop by the Citizen Action Center at City Hall, One St. Peters Centre Blvd., between April 1 and May 31 during regular business hours and bring along the following items:

- proof of 2018 income
- proof of age
- 2018 letter of award from Social Security (if disabled)
- 2018 electric, gas and cable bills

You are only eligible for a refund for the months when you were at least 62 years old or considered totally disabled.

For more information, call 636-477-6600, ext. 1225.

Utility Round Up Customers Making a Big Difference!

Meals on Wheels volunteers at the Mayor Tom Brown Senior Center in St. Peters deliver about 150 hot meals a day, Monday through Friday.

Without these home deliveries, many area seniors would not be able to remain independent in their homes. St. Peters utility customers are doing their part to make sure that the Meals on Wheels program continues to provide this important service by contributing through our City’s award-winning Voluntary Utility Round Up Program.

In 2018, St. Peters’ utility customers donated \$20,201

on their utility bills—almost \$5,000 more than the previous year! These contributions help make up for recent state and federal cuts to keep the Meals on Wheels program going.

Thank you to our utility customers and volunteers! Learn how you can contribute at www.stpetersmo.net.



City of St. Peters Senior Advisory Committee

2019 Speaker Series

After the monthly meetings, 1-2 PM

Mayor Tom Brown Senior Center

Join us at the meeting and stay for the speaker, or just come for the guest speaker!

- **June 20: St. Charles County Ambulance District**
Presenter: Kyle Gaines, Director of Community Relations
Topics: File for Life, Rapid Access, precautions when you live alone, etc.

- **Oct. 17: St. Peters Police Department**
Presenter: Officer Melissa Doss
Topics: Avoiding scams and other issues important to seniors

Save the Date:

St. Charles County Senior Fair

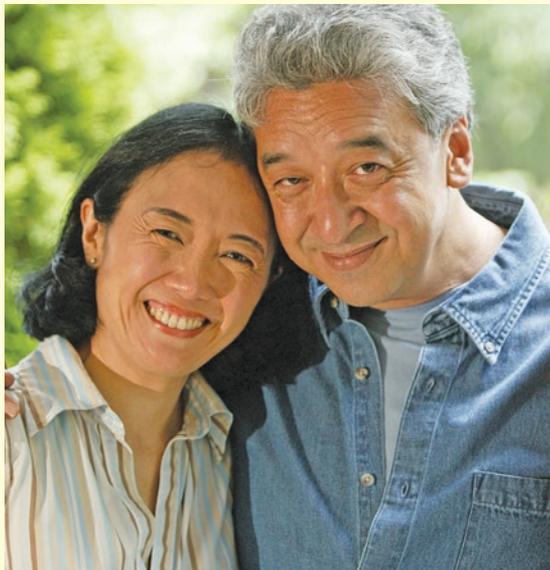
Saturday, Oct. 5, 9 a.m.-noon

St. Peters City Hall

More information to come!

Committee Openings:

We currently have a few openings on our committee—if you would like to apply or learn more, contact us at 636-278-2244, ext. 1233.



Monthly Meetings:

Mayor Tom Brown Senior Center,

108 McMenamy Road

Third Thursday of the month, 12:30 p.m.

Open to the public—please come join us!

HELP KEEP MOSQUITOES UNDER CONTROL IN ST. PETERS

The City of St. Peters Health Department is committed to reducing mosquitoes in our area and in turn reducing the risk of dangerous diseases spread by them, but did you know you can help keep mosquitoes under control, too? By taking steps to reduce the mosquito population and their breeding grounds, we can protect ourselves from: Zika virus, West Nile virus, encephalitis, malaria, yellow fever, dengue fever and heartworm.



Here's how you can help keep the mosquito population down near your home:

- 1. Dump any standing water.** Do not allow water to collect in containers, old tires and puddles around your house (see picture to the right). If you have any containers like this outside that collect water, empty them immediately and store them where they cannot collect water. Standing water is prime breeding ground for mosquitoes.
- 2. Request a free property inspection** (for St. Peters residents only). Residents may request a property inspection in which a St. Peters Health Department official will come to your house and look for any areas of concern and offer ideas to reduce mosquito breeding near your home. To request an inspection, contact the St. Peters Health Department Mosquito Control Office at 636-970-1456.
- 3. If you have a concern, contact the Citizen Action Center at 636-477-6600, ext. 1225.** The St. Peters Health Department treats hundreds of sites in the City of St. Peters for adult and larval mosquitoes, which is a free service for all St. Peters residents. After contacting the Citizen Action Center, a health official will respond to your concern within a few days.

St. Peters Health Department staff members are also available to speak to groups or associations to discuss and answer questions about mosquitoes and mosquito control. To request a presentation, call 636-970-1456.



Did you know?

The City of St. Peters uses one of the safest mosquito adulticides available on the market today. This product is a pyrethroid, which emulates a chemical found naturally in chrysanthemum flowers. This natural chemical is the most widely known and used botanical insecticide.

While it is wise to avoid contact with any insecticide whenever possible, the product the City of St. Peters uses is approved for ground and aerial application in outdoor residential and recreational areas. It has been approved by the U.S. Environmental Protection Agency for use in the control of mosquitoes.

You can find City trucks spraying for mosquitoes typically in the evenings when weather conditions fall into a favorable pattern and when mosquitoes are most active. The City begins treating standing water and addressing resident concerns in early spring. City staff providing this service are properly certified under state law as a Pesticide Applicator Licensee.

For more information on mosquito control, visit www.stpetersmo.net.

St. Peters Animal Control Pet ID Program



COMING SOON! St. Peters Animal Control will offer a new Pet ID Program that allows you to purchase a digital pet ID tag for just \$5 per tag. The digital pet ID tag helps good Samaritans immediately identify and return lost pets. Each tag is equipped with a unique QR code, web address and traditional toll-free phone number used to immediately and safely access a pet's encrypted, critical data, including multiple

emergency contact phone numbers, medications, license and rabies tag information, microchip number, vaccinations, pet medical insurance status and more. **Tags will be available during National Pet ID Week, April 14-20. To purchase the tag and learn more, visit St. Peters Animal Control at Recycle City, 131 Ecology Dr.**

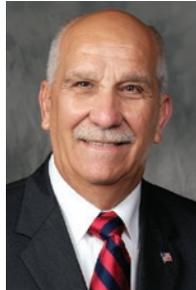


Sunday, June 23 St. Peters Rec-Plex

Whether you're a beginner (ROOKIE) or a veteran (ROCK STAR), the St. Peters Rec-Plex has a fun Triathlon for you! Be part of our ROOKIES AND ROCK STARS TRIATHLON and challenge yourself! Great atmosphere for first-timers. Register in advance. www.stpetersmo.net/triathlon

Messages From Our Elected Officials

The comments contained in this section reflect only the writers' opinions.



Len Pagano
Mayor

JOBS-JOBS-JOBS!

We've been working really hard with our *FasTrac* economic development efforts to bring companies and jobs to St. Peters. They're here! And, they're hiring! Over the past year, we've had several big announcements about these new businesses in St. Peters. Just a few weeks ago, we welcomed a new manufacturing and retail operation to our hometown—Central States Manufacturing (see story on page 4). They're just the latest company announcing they're taking the *FasTrac* to St. Peters. They join other names you'll recognize like FedEx, Best Buy, Amazon and others. When they decided to come to St. Peters, one of the things that attracted them here was our "World Class Workforce—Midwest Values!"

These are just some of the new, nationally recognized brand names that are either in St. Peters or on their way to St. Peters with thousands of new jobs. We want to be the number one choice for great employers to bring great jobs to our region.

In fact, *Mid Rivers Newsmagazine* had a wonderful cover story about all the economic development in St. Peters and KMOV-TV Channel 4 also did a special feature about this topic. The *St. Louis Business Journal* announced that for the fourth consecutive year, the 63376 zip code had the most residential home sales in the entire St. Louis region!

All of us, whether it's our residents, businesses, City staff and elected officials, should be very proud to welcome these new businesses and the jobs they bring. It means we have more opportunities to work, live and play right here in our hometown. It means our existing businesses, especially restaurants and retail operations, will have more customers with more dollars to spend. For the City, it means we've got more tax revenues coming in to help pay for great services and amenities and keep the costs low for our residents. It's a win for everyone.

It was just about a year ago when Amazon announced their first fulfillment center in the State of Missouri and they were building it right here in St. Peters! Since then, we've been watching the massive construction project for this more than 800,000-square-foot facility that will initially bring 1,500 jobs to St. Peters. It's been so exciting to drive down Premier Parkway and see hundreds of construction workers hard at work to get this facility built very quickly. It's going to open later this year.

So what about these jobs? People have been asking me for months, "How can I get a job at Amazon?" They have begun hiring and they'll be hiring many, many more people over the coming months. For more information, go online to Amazon.com to their career opportunities section. When you type in

St. Peters, Missouri you'll find they're already posting jobs available here in St. Peters. You can also see the jobs Amazon is posting by going to Indeed.com.

We're blessed in St. Peters with great businesses, neighborhoods, schools, an outstanding quality of life and most especially the wonderful people who call My Hometown home. We're so happy you're here and we are looking forward to more great news in 2019.

Our national motto, "In God We Trust."



Patrick Barclay
Board President

Street Repairs

The City of St. Peters maintains over 500 lane miles. About two-thirds are made out of concrete slabs. The rest have asphalt overlays. Each year Mayor Pagano, the Board of Aldermen and staff sit down and create a budget to address many things. Included are repairs and replacement of parts of this massive network.

Annually, each section of road is rated 1 through 10. Those rated the lowest receive priority to be taken care of. For 2019, like every year, there is a manual that is about an inch thick. Inside it is a list of all the streets that will be worked on. Included is whether asphalt or concrete will be used. Other things like curb and sidewalk repairs are shown as well. If you live in Ward 4, you can find work to be performed in the southern part of the City by checking out my Facebook page. For those who live elsewhere in St. Peters, you may contact your own Aldermen.

In addition to scheduled work, our Streets Department receives additional locations throughout the year. If there are any repairs that you see in your neighborhood, please contact one of your elected officials. A concern will be entered and usually it can be taken care of rather quickly.

On a side note, another type of concern that can be addressed right away is when you see a street light out. Look at the pole and about three-quarters of the way up is a silver plaque. You'll see either "SP" or "SPX" and followed by four numbers. If you get us that information, a couple of days later the light will be back on.

If I can ever be of service to you, feel free to contact me any time. My cell phone number is 636-795-8255 if you need to talk or send a text. Additionally, you can reach me by sending an email to AldermanBarclay@aol.com or drop me a private message on Facebook. You can either search for me or log onto www.facebook.com/aldermanpatrickbarclay. Each day I post news and important information about things regarding "Our Hometown".

Thank you for your continued support. It's an honor and a privilege to represent you on the St. Peters Board of Aldermen.

Mayor

Len Pagano

lpagano@stpetersmo.net
636-278-2244, ext. 1233
636-477-6600, ext. 1233
Fax 636-926-2047

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636-485-5710

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636-485-5759

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Terri Violet

terrivioletWard3@att.net
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636-448-7113

Aldermen, Ward 4

Don Aytes

DonAytes@yahoo.com
636-441-9937

Board President

Patrick Barclay

AldermanBarclay@aol.com
636-795-8255



Terri Violet
Ward 3

Hello Spring! Hello Fresh Air!

Have you been longing for sunshine? If you purposely park your car at the far end of the parking lot and walk to your work space or maybe the grocery store, you are very wise! Not only are we getting more exercise, we are getting much needed sunshine during those bright mornings and afternoons.

Some of our residents are looking forward to using our free outdoor Fitness area at Nob Hill Park on Sutters Mill Road. They not only use it for the exercise, they also enjoy a little Vitamin

D packed sunshine. Sometimes just walking around the small trail a few times and sitting in the sunshine at the park can make a big improvement in our day.

As the weather warms up, we will be outside more enjoying fresh air and a nice breeze. Lately, I've been noticing a few more neighbors walking their pets around our neighborhoods. By the way, this is a great opportunity to get to know a neighbor that you haven't had the chance to meet before.

For those of you that like to enjoy the events around our community, Sunset Fridays will begin on May 17. Families and friends get together at the St. Peters 370 Lakeside Park to enjoy a free band, have dinner together and to relax. This could be a perfect place for a date night and a girls night out! My grandsons enjoy hanging out with Grandpa and Grandma at our Sunset Fridays. During the warmer weeks, they enjoy a little watery fun on the splash pad located close to the beautiful Corporate Pavilion. It doesn't get much better than that! Family, and fun!

If you are looking to find events and opportunities to be with your family and friends, try our City website www.stpetersmo.net. Under "MENU", click on "CALENDAR". There is an abundance of opportunities there. Besides the City website, I share many City events and important information on my **Alderman Terri Violet** Facebook page as well.

Finding ways to enjoy the sunshine and fresh air you have been longing for is right at your fingertips! All you have to do is go to the City website or to my Facebook page.

If you have a City related need, contact me at 636-734-1883 or email me at terrivioletward3@att.net. Always know that **your concern is my concern!**



Judy Bateman
Ward 2

Enjoy Our Wonderful Parks & Rec-Plex

We hopefully have said goodbye to winter and hello to a brand new spring season. The budding of the trees and flowers offer a fresh new season to enjoy the outdoors. Did you know that our City has 25 parks that are open year-round? Our wonderful Parks Department does a great job of keeping our grasses mowed and our landscaping throughout the City award-winning!

We get rave reviews on the beautiful flowers that welcome visitors to our Rec-Plex & City Hall. Take advantage of our 24 miles of trails and our 25 parks with 1,283 acres of parkland this season & enjoy Mother Nature's finest season.

I also want to recognize a very significant anniversary that our extraordinary Rec-Plex is celebrating this year ... 25 years! I was fortunate to be a member of the board along with Mayor Pagano, Alderman Hollingsworth and Alderman Aytes when the dream became a reality.

Two determined young teens appeared at a City Board of Aldermen meeting asking their City leaders to search for places they could go to meet, have fun and not be chased off as happened frequently when groups of youth congregated at our local mall.

Their foresight and willingness to address a need in our community led to the wonderful treasure we celebrate today 1/4 of a century later.

We have hosted thousands of events and welcomed people worldwide to our City's crowning jewel. I hope you get a chance to stop by our Rec-Plex in the coming months. The programs are excellent and there is something for everyone no matter the age. So, happy birthday, Rec-Plex. The years have been good to you! Here's to many, many more years of families enjoying your amazing events, classes and old-fashioned fun right here in our Hometown.

Please do not hesitate to contact me anytime with any concerns or suggestions. I am privileged to be your voice at City Hall. Have a Happy Spring ... stop and smell the roses!



Central States Manufacturing Groundbreaking - See page 4 for story



Random Acts of Kindness

St. Peters' Random Acts of Kindness Program was created by St. Peters' Board of Aldermen and Mayor to help citizens recognize fellow citizens for going ABOVE and BEYOND with demonstrations of acts of kindness in our community.



Congratulations to Amanda McBride, nominated for helping an elderly neighbor who has been unable to keep up with yard work due to health issues. Whether it's raking leaves, mowing the grass or other tasks, Amanda's Random Acts of Kindness have made a big difference for her neighbor and the appearance of her neighborhood.



Congratulations to Jessica Cooke, nominated for donating the time and efforts of her business, Yuppy Puppy Pet Spa, to serve dogs in need of a home. Jessica closed two business locations last August, including one in St. Peters on Salt Lick Road, to spend a day grooming and pampering 40 dogs from St. Charles Pet Adoption Center. Her actions and the actions of her staff helped find homes for 20 dogs that day, plus she welcomed four dogs to stay at her business until they were adopted.

To nominate someone you know who has gone above and beyond in an act of kindness, visit www.stpetersmo.net. Nominees must reside or own a business in St. Peters.



sptvnow.net
AT&T U-verse Channel 99
Charter Cable Channel 992

- LIVE weather & news updates
- AM/PM rush hour traffic
- Health & pollen indices
- City events & programs
- LIVE coverage of Board of Aldermen and Planning & Zoning Meetings

Also, be sure to tune in every Tuesday at 4:15 p.m. for a NEW episode of UpFront St. Peters, which will cover feature stories such as an amazing Rec-Plex weight loss success story, a close up look at Sharks Swim Team state champion Autumn Looney, a look at how one of our trash truck drivers reached out to a young fan, economic development updates, and previews of fun events all summer long like the Sunset Fridays concert series, this year's Family Fun Day, and Celebrate St. Peters 2019!

MY HOMETOWN Magazine
Published periodically by the City of St. Peters, MO, and mailed to St. Peters homes and businesses.
636-477-6600 • www.stpetersmo.net
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What to do when you see a coyote nearby

Have you seen coyotes in or around your neighborhood? It is common to see coyotes around February-March because it is their breeding season. In urban areas, coyotes may lose their fear of people and become very bold when searching for food during colder weather. Coyotes, like other wild animals, will go for food that is easy to get. Coyotes are true scavengers, eating snakes, rodents, rabbits, fruits, vegetables, pet food and garbage.

Here are some tips to keep coyotes out of your yard:

- 1. Do not feed birds or rabbits.** The food for small prey and the small prey itself will attract coyotes and teach them there is a regular food source available.
- 2. Do not allow your landscaping to become overgrown,** as that can allow for easy hiding places for coyotes.
- 3. Make sure trash can lids are securely attached and closed.**
- 4. Never allow small pets to go outside unattended.** A small animal is easy prey for multiple wild animals, including coyotes and large birds of prey such as hawks and owls.
- 5. Make sure your yard has plenty of lighting,** especially if you let your pets outside at night. A fenced yard may help keep wildlife out of your yard, but small pets should still be supervised.

What do you do if you see a coyote? Make loud noises, by yelling or banging pots and pans. Coyotes do not like to be startled. Motion detection lighting around your house can also help in hindering their hiding spots. The bottom line is to prevent coyotes and their pups from losing their fear of people and becoming nuisance wildlife.

EARTH CENTRE SALES

Looking for garden products at a great price?

Visit St. Peters' Earth Centre at 115 Ecology Drive! Earth Centre has Class A compost, mulch and topsoil for sale. Hours for product sales through May are: Tuesday, Friday and Saturday from 7:30 a.m.-4:30 p.m. and Sunday from noon-3:30 p.m. Bring your Resident Privilege Card for resident rates!

Learn more at www.stpetersmo.net.

So Many Choices – So Close to Home!

Online Directory: www.stpetersmo.net/Shop

When you Shop St. Peters, you help local businesses survive, put people to work in our community and keep tax dollars working for you!



Please help us welcome the following new businesses to St. Peters:

THE SKILLS CENTER 636-978-4300

PROSTEAM CARPET CARE AND RESTORATION 636-299-2925

FARMERS INSURANCE - STEVE RHODES AGENCY
314-828-6637

ST. PETERS COSMETIC AND FAMILY DENTISTRY LLC 636-441-4415

OLD MILL CHIROPRACTIC
636-928-7387

RAINBOW DETAILING PRO
636-259-3224

RAGS 5TH AVE 314-795-5499

MY VEHICLE PROTECTION
314-665-1989

DILLY'S DIVINE GOODS
314-565-2283

HOMETOWN EQUITY MORTGAGE OF ST. LOUIS INC. 636-387-4277

CHASING LILIES 314-495-1933

KELLIE'S TENDER MOMENTS DAYCARE
636-634-5444

IM SUSTAINABLE 636-382-2127

EDWARD JONES 636-244-0882

RAVENWORKS TRANSMISSION
636-293-5143

ONE SOURCE LIVING
636-317-1152

PARGO FINANCIAL, LLC
314-442-5448

DIAMOND BILLIARDS AND MUSIC CLUB 636-578-1357

HAPPY FEET SALON 312-522-8962

THE WATERING BOWL
636-486-2606

SYBERG'S ST. PETERS LLC
636-387-7477

OUR URGENT CARE, LLC
636-875-7350

DOWN TO THE WIRE LLC
636-699-5498

JC CAR CARE 636-928-5150

McCLAY SENIOR CARE
636-244-3323

ADVANCED PODIATRY
636-442-1541

POPEYE'S #714
636-698-8708

MELISSA ENTERPRISES
636-397-7770

U-PICK HARDWOOD LUMBER INC.
636-485-5217

ALLELUIA! BASKETS, INC
314-220-4390

COLUMBIA MACHINE
314-603-0042

HEALTHY BODY DAY SPA
636-220-1588

KEY CORNERSTONE REALTY
636-447-8061

NOTHING BUNDT CAKES
314-493-2325

HEARTS OF GOLD LLC
636-922-4711

LUSH AESTHETICS & LASH STUDIO
636-384-0123

THE WELLNESS PURSUIT

SONIC SERVICES LLC
314-749-3833

PRIORITY XPRESS COURIERS LLC
314-713-2805

THE SALVATION ARMY FAMILY STORE
636-922-9599

GOOD DAYS JOURNEY MENTAL HEALTH SERVICES 636-387-6096

ASPIRE CHIROPRACTIC CENTER LLC
636-373-3191

NATALIE ROSE PHOTOGRAPHY
314-550-5245

GELVEN PROPERTIES LLC
314-494-7832

MCLANE FOODSERVICE, INC
913-422-6164

week. I like to have a variety of exercises, and this challenges me to be creative."

Beyond Class

Christia's students range from age 20 to 70, and participate in activities together with Christia outside class. She encourages other forms of strength training and workouts, and on weekends they may go hiking or bike riding. "We've also run races together, but many times we just go out and have fun," Christia said. "They are the biggest reason I'm still teaching today."



Support and encouragement among Christia and the students also keep them coming back. She works with many students who have prior injuries

or health issues. One student had five-way bypass surgery, and several have had rough journeys with breast cancer. They rallied together for one student with brain cancer, and said prayers in the water. Other students have had knee and hip surgeries, while some are there as serious athletes. "Don't think this is a simple little class, a lot of athletes take water classes or train in the water," she said.

The advice she has for new students is the same for everyone, which is to pay attention to their bodies. "You know your body," she said, "And at the end of the day you know what your body is capable of doing. Follow your body and give it all you've got. Everybody is different. Don't worry about the person next to you, work at your own pace."

Christia has been involved in sports and athletics since she was a child, and claims the water itself is very therapeutic. "Teaching this class is my happy zone," she said. "I had knee problems, so I started working out in water to avoid surgery, and I haven't needed it yet."

Dynamic Training

As Christia's positive impact on students has increased, so has the Rec-Plex itself. The Dynamic Training Center (DTC) opened March 2018 at Rec-Plex South, featuring 10,000 sq. ft. of space for workouts, 8,000 sq. ft. of turf, a sprint track, personal training, small group training, group rentals, and more.

The Dynamic Training Center offers functional training circuits featuring medicine balls, weight machines, tire flipping, jogging, walking, spinning, resistance bands, jump boxes, and more.

Christia started using dry land workouts five or six years ago for her water aerobics students to add strength training. "The variety of muscle and bone strengthening exercises build so much confidence," she said, "especially in girls and young women. These classes also teach students the proper way of lifting weights for strength training so they don't hurt themselves."



When the classes moved to the Dynamic Training Center, Christia said her students absolutely loved it, and her classes continue to grow by word of mouth. "If they enjoy what you train and teach, students tell others," Christia said, "And many students bring their spouses. If you are an instructor who truly loves what you teach, people gravitate to that."

Everything has grown so much that two of Christia's students who are Ft. Zumwalt swim coaches now bring their high school teams to train with her in a group setting. "And these workouts have also boosted the Rec-Plex's own Sharks swim team training," Christia said.

Christia said she doesn't have a favorite class because they all are favorites. "I truly enjoy teaching, and have been moved by so many students that I consider them my second family."

Thanks to the dedication of people like Christia, the Rec-Plex continues to grow and thrive!



25th Annual Spring Ice Show

May 17-19 • St. Peters Rec-Plex, North Rink

3 Shows: 7 p.m. Fri. May 17; 5 p.m. Sat. May 18; 2 p.m. Sun. May 19

Bet your bottom dollar that the 25th annual Spring Ice Show at the St. Peters Rec-Plex will bring sun and a smile! Come check out "From Rags to Riches" and enjoy another special on-ice production by Rec-Plex skaters of all levels, from ages 3 to adult! You won't need riches to foot the bill, either—ticket prices range from \$6.50-\$9.50. Get yours beginning April 23 at the Rec-Plex Front Desk.

Learn more: www.stpetersmo.net/Calendar



A Winery-Style Setting with FREE Music? Must Be Time for Another Season of Sunset Fridays Concerts!

You're looking for a great date night experience without the hassle of a trip into the City or the cost that comes with it. Well, look no further than right outside your backdoor! Sunset Fridays concerts return to 370 Lakeside Park with another great lineup of entertainers this season—and as always, every concert is FREE!

The weekly concert series kicks off May 17 and goes through Aug. 9, with just one break the week of Independence Day. Music begins each night at 6:30 p.m. Come early if you want one of the tables at the Corporate Pavilion! It's first come, first served. You don't have to stop for dinner—Gator Island Grill will serve a special Sunset Fridays menu beginning 6 p.m. at every concert!

PLEASE NOTE: Per St. Peters Municipal Code 240.060, PETS WILL NOT BE ALLOWED at the Corporate Pavilion during Sunset Fridays events. Service animals are welcome. Coolers are welcome, but we ask that NO GLASS containers are brought into the park and no alcohol be brought under the pavilion. *Thank you for your cooperation!*

370 Lakeside Park is located at 1000 Lakeside Park Drive. From Highway 370, take exit 2 at the Lakeside Park Drive exit and drive north into the park. Learn more about Sunset Fridays at www.stpetersmo.net/sunset.

2019 CONCERT SCHEDULE*

- May 17: Wade Trent (Rock/Acoustic)
- May 24: Zydeco Crawdaddys (Zydeco/Creole/Cajun)
- May 31: The Melissa Neels Band (Rock/Blues)
- June 7: Acoustic Music Jam
- June 14: TBA
- June 21: Serapis (Rock)
- June 28: TBA
- NO CONCERT SCHEDULED WEEK OF INDEPENDENCE DAY
- July 12: Dawn Weber and Swunk (Swing/Funk/Jazz)
- July 19: Cole Blue Steel (Country/Rock)
- July 26: The Biscuits (Rock)
- Aug. 2: Oh Brother (Rock)
- Aug. 9: Paul Bonn & The Bluesmen (Blues)



*Schedule subject to change without notice.
Latest information posted at www.stpetersmo.net/sunset.



Mark your calendars for Celebrate St. Peters: Sept. 20-21, 2019

Don't forget to save the date for Celebrate St. Peters, our two-day festival at beautiful 370 Lakeside Park. Enjoy live music and entertainment on three stages, a carnival, vendors, kids' activities, fireworks and more!

Did we mention admission is FREE? Watch for the announcements of the Main Stage acts on Friday and Saturday night as well as other details in the UpFront e-newsletter, on SPTV or visit www.stpetersmo.net/celebrate.



Build Skills for a Lifetime! New Higher Pay! Flexible Hours!



Apply Now for Rec-Plex Summer Jobs!

SEEKING:

- Lifeguards • Summer Camp Counselors
- Food Service • Beverage Servers
- Swim Instructors • Gym Attendants

LIFEGUARDS:

- Potential year-round employment (indoor/outdoor pools)
- Starting pay increasing to \$9.50/hour
- Pay bumps based on hours worked
- FREE classes and FREE uniforms — \$200 savings!

APPLY TODAY! www.stpetersmo.net/jobs



www.stpetersmo.net

2019 ST. PETERS SUMMER Camps



www.stpetersmo.net/camps • 636-939-2386, ext. 1400

AGES 6-12* • 9 a.m.-3:30 p.m. Monday-Friday

Begin May 28 (register in advance) • Before & after care available

**Fencing Camp available for ages 10-16. Sports Camps are for ages 7-12.*



**ACTIVITIES
& SPORTS
Camps**

At the Rec-Plex: Swimming, ice skating, indoor/outdoor games plus a weekly field trip! Sports Camps include baseball, basketball, cheer, dance, flag football, soccer, pickleball, volleyball, ice hockey, dodgeball and figure skating!

**ART
EXPERIENCE
Camps**

At the Cultural Arts Centre: Clay Camps, Fencing Camp, and themed Drawing/ Painting Camps begin June 3!

