



Winter/Spring 2021 Leisure Line Online Swim Lessons

Leisure Line online at www.stpetersmo.net/classes • REVISED 11-13-20

Little Ones and Me:

Children ages 6-36 months will learn to feel comfortable in the water with a parent's reassurance (a parent must accompany the child in class). Skills will be taught to both the child and parent. Children will learn water adjustment, front kick, back float, and water exits. Parents will learn holding positions and basic safety skills.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
A537	1/10-2/21	Sun	9:00am-9:40am	RPX	\$57/\$64
A538	1/10-2/21	Sun	9:50am-10:30am	RPX	\$57/\$64
A539	1/10-2/21	Sun	10:40am-11:20am	RPX	\$57/\$64
A540	1/10-2/21	Sun	11:30am-12:10pm	RPX	\$57/\$64
A563	3/28-5/9	Sun	9:00am-9:40am	RPX	\$57/\$64
A564	3/28-5/9	Sun	9:50am-10:30am	RPX	\$57/\$64
A565	3/28-5/9	Sun	10:40am-11:20am	RPX	\$57/\$64
A566	3/28-5/9	Sun	11:30am-12:10pm	RPX	\$57/\$64

Pre-School/Goldfish:

Independence from parent is stressed at this level and the parent does not accompany the child in class. This level is designed for children ages 3-5. The objective is to orient students to an aquatic environment through supported floating, kicking on front and back, and water safety. Students will learn to submerge themselves in waist high water.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
A473	1/11-1/27	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A474	1/11-1/27	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A475	1/11-1/27	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A476	1/11-1/27	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A477	1/11-1/27	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A478	1/11-1/27	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A489	2/22-3/10	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A490	2/22-3/10	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A491	2/22-3/10	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A492	2/22-3/10	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A493	2/22-3/10	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A494	2/22-3/10	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A505	3/29-4/14	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A506	3/29-4/14	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A507	3/29-4/14	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A508	3/29-4/14	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A509	3/29-4/14	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A510	3/29-4/14	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A521	4/26-5/12	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A522	4/26-5/12	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A523	4/26-5/12	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A524	4/26-5/12	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A525	4/26-5/12	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A526	4/26-5/12	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A541	1/10-2/21	Sun	9:00am-9:40am	RPX	\$57/\$64
A542	1/10-2/21	Sun	9:50am-10:30am	RPX	\$57/\$64
A543	1/10-2/21	Sun	10:40am-11:20am	RPX	\$57/\$64
A544	1/10-2/21	Sun	11:30am-12:10pm	RPX	\$57/\$64
A567	3/28-5/9	Sun	9:00am-9:40am	RPX	\$57/\$64
A568	3/28-5/9	Sun	9:50am-10:30am	RPX	\$57/\$64
A569	3/28-5/9	Sun	10:40am-11:20am	RPX	\$57/\$64
A570	3/28-5/9	Sun	11:30am-12:10pm	RPX	\$57/\$64

Level 1 – Tadpoles:

The objective of Level 1 is to help children 5+ become comfortable in the water & enjoy the water safely. Students will learn aquatic skills such as water safety rules & kicking on their front and back with support. Students will also learn the basics of floating without support and recovering to a standing position. Students will be introduced to the basics of locomotion in the water by an alternating arm action.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
A479	1/11-1/27	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A480	1/11-1/27	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A481	1/11-1/27	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A482	1/11-1/27	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A483	1/11-1/27	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A495	2/22-3/10	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A496	2/22-3/10	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A497	2/22-3/10	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A498	2/22-3/10	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A499	2/22-3/10	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A511	3/29-4/14	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A512	3/29-4/14	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A513	3/29-4/14	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A514	3/29-4/14	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A515	3/29-4/14	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A527	4/26-5/12	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A528	4/26-5/12	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A529	4/26-5/12	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A530	4/26-5/12	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A531	4/26-5/12	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A545	1/10-2/21	Sun	9:00am-9:40am	RPX	\$57/\$64
A546	1/10-2/21	Sun	9:50am-10:30am	RPX	\$57/\$64
A547	1/10-2/21	Sun	10:40am-11:20am	RPX	\$57/\$64
A548	1/10-2/21	Sun	11:30am-12:10pm	RPX	\$57/\$64
A571	3/28-5/9	Sun	9:00am-9:40am	RPX	\$57/\$64
A572	3/28-5/9	Sun	9:50am-10:30am	RPX	\$57/\$64
A573	3/28-5/9	Sun	10:40am-11:20am	RPX	\$57/\$64
A574	3/28-5/9	Sun	11:30am-12:10pm	RPX	\$57/\$64



Winter/Spring 2021 Leisure Line Online Swim Lessons

Leisure Line online at www.stpetersmo.net/classes • REVISED 11-13-20

Level 2 – Guppies:

The objective of Level 2 is to help children 5+ find success with fundamental skills. Students will build on skills such as floating and propulsion through the water and learn coordination of front and back crawl. Prerequisite(s): Successful completion of Level 1 or the ability to front crawl for five yards with arms out of the water AND back crawl for five yards.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
A484	1/11-1/27	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A485	1/11-1/27	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A486	1/11-1/27	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A500	2/22-3/10	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A501	2/22-3/10	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A502	2/22-3/10	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A516	3/29-4/14	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A517	3/29-4/14	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A518	3/29-4/14	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A532	4/26-5/12	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A533	4/26-5/12	M,W	6:10pm-6:50pm	RPX	\$57/\$64
A534	4/26-5/12	M,W	7:00pm-7:40pm	RPX	\$57/\$64
A549	1/10-2/21	Sun	9:50am-10:30am	RPX	\$57/\$64
A550	1/10-2/21	Sun	10:40am-11:20am	RPX	\$57/\$64
A551	1/10-2/21	Sun	11:30am-12:10pm	RPX	\$57/\$64
A575	3/28-5/9	Sun	9:50am-10:30am	RPX	\$57/\$64
A576	3/28-5/9	Sun	10:40am-11:20am	RPX	\$57/\$64
A577	3/28-5/9	Sun	11:30am-12:10pm	RPX	\$57/\$64

Level 3 – Stingrays:

Children 5+ will concentrate on developing confidence and mastering skills learned in previous levels. The elementary backstroke, treading water, and rotary breathing will also be taught. Students will increase endurance by swimming greater distances using front crawl, back crawl. Prerequisite: successful completion of Level 2 or the ability to demonstrate all of the skills taught in Level 2.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
A487	1/11-1/27	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A488	1/11-1/27	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A503	2/22-3/10	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A504	2/22-3/10	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A519	3/29-4/14	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A520	3/29-4/14	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A535	4/26-5/12	M,W	4:30pm-5:10pm	RPX	\$57/\$64
A536	4/26-5/12	M,W	5:20pm-6:00pm	RPX	\$57/\$64
A552	1/10-2/21	Sun	9:50am-10:30am	RPX	\$57/\$64
A553	1/10-2/21	Sun	10:40am-11:20am	RPX	\$57/\$64
A554	1/10-2/21	Sun	11:30am-12:10pm	RPX	\$57/\$64
A578	3/28-5/9	Sun	9:50am-10:30am	RPX	\$57/\$64
A579	3/28-5/9	Sun	10:40am-11:20am	RPX	\$57/\$64
A580	3/28-5/9	Sun	11:30am-12:10pm	RPX	\$57/\$64

Level 4 – Dolphins:

Children 5+ will coordinate and refine the front and back crawl and will be introduced to the breaststroke and feet-first surface dives. Students will learn how to jump into the water, recover, and start swimming the front and/or back crawl. Emphasis will be placed on swimming distances with correct technique. Prerequisite: successful completion of Level 3 or the ability to demonstrate all of the skills taught in Level 3.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
A555	1/10-2/21	Sun	9:50am-10:30am	RPX	\$57/\$64
A556	1/10-2/21	Sun	10:40am-11:20am	RPX	\$57/\$64
A557	1/10-2/21	Sun	11:30am-12:10pm	RPX	\$57/\$64
A558	1/10-2/21	Sun	12:20pm-1:00pm	RPX	\$57/\$64
A581	3/28-5/9	Sun	9:50am-10:30am	RPX	\$57/\$64
A582	3/28-5/9	Sun	10:40am-11:20am	RPX	\$57/\$64
A583	3/28-5/9	Sun	11:30am-12:10pm	RPX	\$57/\$64
A584	3/28-5/9	Sun	12:20pm-1:00pm	RPX	\$57/\$64

Level 5 – Swordfish:

Children 5+ will further develop their ability to swim the front and back crawl and the breaststroke. Students will perfect strokes and develop good fitness habits. By the completion of this class, students should be able to swim the front crawl 25 yards and the back crawl 25 yards. This level is the last in the St. Peters Rec-Plex Learn-to-Swim Program. Prerequisite(s): Successful completion of Level 4 or the ability to demonstrate all of the skills taught in Level 4.

CLASS:	DATES:	DAYS:	TIME:	AT:	PASS/NON
A559	1/10-2/21	Sun	9:50am-10:30am	RPX	\$57/\$64
A560	1/10-2/21	Sun	10:40am-11:20am	RPX	\$57/\$64
A561	1/10-2/21	Sun	11:30am-12:10pm	RPX	\$57/\$64
A562	1/10-2/21	Sun	12:20pm-1:00pm	RPX	\$57/\$64
A585	3/28-5/9	Sun	9:50am-10:30am	RPX	\$57/\$64
A586	3/28-5/9	Sun	10:40am-11:20am	RPX	\$57/\$64
A587	3/28-5/9	Sun	11:30am-12:10pm	RPX	\$57/\$64
A588	3/28-5/9	Sun	12:20pm-1:00pm	RPX	\$57/\$64

Which Rec-Plex **SWIM CLASS** is right for my child?



St. Peters Rec-Plex

5200 Mexico Rd.

636-939-2386

www.stpetersmo.net/Rec-Plex

