

November 2023 Hockey Sessions



Scan QR to access Flex online registration

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 S&P All Ages 11:15am-12:15pm S&P All Ages 9:15-10:15pm	2 S&P All Ages 11:15am-12:15pm	3 Instructional Hour 3:00-4:00pm AND 4:00-5:00pm (South A rink) Adult Drop-In Hockey 9:15-10:15pm	4
5 S&P 12 under 2:45-3:45pm S&P 13+ 4:45-5:45pm	6 S&P All Ages 11:15am-12:15pm Instructional Hour 3:15-4:15pm SOUTH B Rink	7 Adult Drop-In Hockey 9:15-10:15pm	8 S&P All Ages 11:15am-12:15pm S&P All Ages 9:15-10:15pm	9 S&P All Ages 11:15am-12:15pm	10 Adult Drop-In Hockey 9:15-10:15pm	11
12 S&P 12 under 2:45-3:45pm S&P 13+ 4:45-5:45pm	13 S&P All Ages 11:15am-12:15pm Instructional Hour 3:15-4:15pm SOUTH B Rink	14 Adult Drop-In Hockey 9:15-10:15pm	15 S&P All Ages 11:15am-12:15pm S&P All Ages 9:15-10:15pm	16 S&P All Ages 11:15am-12:15pm	17 Instructional Hour 3:00-4:00pm AND 4:00-5:00pm (South B rink) Adult Drop-In Hockey 9:15-10:15pm	18
19 S&P 12 under 2:45-3:45pm S&P 13+ 4:45-5:45pm	20 S&P All Ages 11:15am-12:15pm Instructional Hour 3:15-4:15pm SOUTH B Rink	21 Adult Drop-In Hockey 9:15-10:15pm	22 S&P All Ages 11:15am-12:15pm S&P All Ages 6:15-7:15pm S&P All Ages 9:15-10:15pm	23 THANKSGIVING - REC PLEX CLOSED	24 Instructional Hour 3:00-4:00pm AND 4:00-5:00pm (South B rink) Adult Drop-In Hockey 9:15-10:15pm	25 Stick & Puck All Ages 11:15am-12:15pm
26 S&P 12 under 2:45-3:45pm S&P 13+ 4:45-5:45pm	27 S&P All Ages 11:15am-12:15pm Instructional Hour 3:15-4:15pm SOUTH B Rink	28 Adult Drop-In Hockey 9:15-10:15pm	29 S&P All Ages 11:15am-12:15pm S&P All Ages 9:15-10:15pm	30 S&P All Ages 11:15am-12:15pm		

REGISTER ONLINE for ALL sessions at REC-CONNECT under Activities: ICE Flex Registration
 All sessions are at Rec-Plex North unless otherwise noted in the calendar
Stick & Puck (S&P) sessions are for skaters working on stick handling and hockey skating skills or in a private lesson with a Rec-Plex Certified Instructor. Please contact Mandy Whitacre about our guest coaching policies at mwhitacre@stpetersmo.net. Skaters MUST purchase ice times before coming to the Rec-Plex. All sales are final and cannot be removed or moved to another date once purchased.
 *Skaters must have helmet, gloves, and skates MINIMUM
 *Skaters under 18 must wear FULL face shield or cage Skaters 18+ must wear at MINIMUM half shield
 Parents are allowed to purchase S&P session time to work on skills with their child
 Sessions may be marked for specific age groups

Instructional Hour: These sessions are **ONLY** for skaters working directly with an approved Rec-Plex instructor. Skaters attending sessions **WITHOUT** a certified approved Rec-Plex coach/guest coach will be asked to leave without refund. Coaches teaching **WITHOUT** proper paperwork filed with the city will be asked to leave without refund and may be unapproved for future approval.
Adult Drop-In: Must be 18+ to participate. Must have FULL equipment and wear a minimum of a half shield