Noon Heat 11/6								
Short Course: Swim- 300 yrds Bike- 10 Miles Run- 3 Miles								
Long Course: Swim- 500 yrds Bike- 15 Miles Run- 5 Miles								
Name	Short or Long	Outside or inside	SWIM	BIKE			RUN	OVERALL TIME
			TIME	TIME	Bike #	OVERALL	TIME	
Erik Hamilton	S		5:16	29:42		38:10	24:11	1:03:21
John Moore	S		6:25	33:04		42:38		
Jeff Oberle	S		5:40	27:45		37:08	26:30	1:05:46
Jeff Wood								
Tricia Peterson								
Jason Rothermich	S		5:50	29:39		39:32		
Dianna Shank	S		6:31	33:50		43:24	42:47	1:28:08
John Stahr	L		7:55	42:58				
Trista Stahr	S			30:06		37:41	27:32	1:06:16
Jeff Kutterer	L		9:59	47:47		1:02:44	1:13:15	2:15:59
Trevor Wolfe	S		6:23	28:54		38:48	26:54	1:05:42
Jolene Patterson	L		10:17	51:50		1:12:21	1:21:20	2:34:06

1:30:00 PM Heat 11/6							
Short Course: Swim- 300 yrds Bike- 10 Miles Run- 3 Miles							
Long Course: Swim- 500 yrds Bike- 15 Miles Run- 5 Miles							
Name	Short or Long	SWIM	BIKE			RUN	OVERALL TIME
		TIME	TIME	Bike #	OVERALL	TIME	
Ross Brayton	S	5:50	32:17		42:47	42:00	1:24:47
Sravan Pathi	S	11:54	33:09		49:50	28:51	1:18:41
Kathy Simon	S	7:10	33:03		44:39	34:58	1:19:37
Paul Wright	S	5:38	31:42		40:22	29:14	1:10:55
Mike Duchek	L	8:17	52:41		1:06:24	43:19	1:49:43
Tim Almstedt	S	6:00	30:18		40:10	29:28	1:12:20
Jennifer Schnelting	L	9:24	47:52		1:03:00	43:57	1:46:57
Jeff Wood	S	7:32	28:58		42:08	45:00	1:27:08
Tricia Peterson	L		44:53		44:53	46:03	48:10

2:30:00 PM Heat 11/6							
Short Course: Swim- 300 yrds Bike- 10 Miles Run- 3 Miles							
Long Course: Swim- 500 yrds Bike- 15 Miles Run- 5 Miles							
Name	Short or Long	SWIM	BIKE			RUN	OVERALL TIME
		TIME	TIME	Bike #	OVERALL	TIME	
Cort Smith	S	6:11	33:05		48:36	32:21	1:15:31
Jamie Poppen	L	7:29	46:25		58:10	44:22	1:42:32