

Minutes of January 16, 2020

St. Peters Senior Advisory Committee

Meeting called to Order- The meeting was called to order by MaryPat Harms at 12:35 PM.

Pledge of allegiance was said by all.

Prayer was said in unison by everyone.

Roll call- Those attending were: Mary Evans, Sandy Hennen, Mel Maire, Roger Young, Fay Aubuchon, MaryBeth Huddleston, Lorene "Net" Thomas, N. Andrea Whisenton, Alderman Nick Trupiano, and MaryPat Harms. Guests were: Laura McCoy from Home Instead and Joy Plunkett and Linda Gambino.. They are from the housing development near the Senior Center and are wanting to get more involved.

Approval of Minutes- A motion to approve the November minutes was made by Roger and seconded by Mel. The motion carried and the minutes were passed.

Public- Laura from Home Instead talked about St Peters becoming "Dementia Friendly". This is done by holding classes for personnel so that they understand how to deal with family members who might be suffering from dementia. She asks that the committee share this information with other companies in St. Peters.

Joy Plunkett and Linda Gambino from St. Peters Senior Village attended to ask us to help promote their campaign to raise funds for updating and modernizing the facility. The structure is about 60 years old and they have only made minor improvements over the years, so it is important that they get donations to help fund required updates. There are 51 units in the complex. It has a sliding scale for senior residents of St. Peters.

Items of Discussion-

Mel Maire noted that the expanded Silver Sneakers is now accepted at the St. Peters Rec Plex and people should go back and check it out. The Rec-Plex is a great place to exercise and meet friends.

N Andrea Whisenton has agreed to continue as co-chair, and Lorene "Net" Thomas will be a co-chair also. Fay Aubuchon has volunteered to be secretary. Mary Evans made a motion to accept the nominations and Mel Maire seconded the motion, It was approved,

Goals for 2020 and beyond:

- Suggested a Senior Prom in November, 2020.
 - Net volunteered to check on dates and cost of Waters Edge.
 - Mel and Roger offered to handle communications, and hand out flyers to all the senior complexes in the area.
 - Sandy will check on catering or what to serve.
 - It was suggested to contact the schools and Boy Scout troops to help welcome the seniors to the prom.
 - Net will check with someone about having a hockey player come and serve food.
 - Fay will check about someone from the Cardinals coming to serve food also.
 - Maybe have a silent auction?
- A Chili cook off was suggested in conjunction with the Senior Fair in October 2021.
- We will have a table at the O'Fallon Senior Fair this October – we will need volunteers to man our table.

- Mary Pat will check to see if we can attend the Baue Fair in August 2020. It is very well attended.
- There is a Trivia night next month – February 28 – Central County Fire Protection District is holding it and proceeds will go to Meals on Wheels.

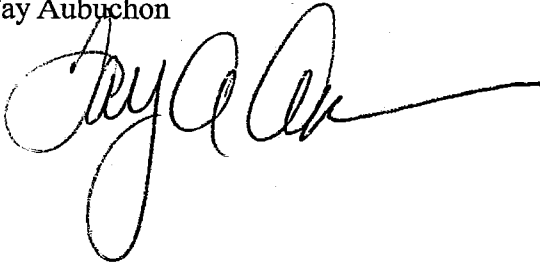
MaryPat mentioned upcoming City Events – the 2020 Bus Tours look quite exciting! Check them out!

Adjournment- A motion to adjourn was made by Mel at 1:28 PM and seconded by Roger.

Next meeting will be March 19, 2020, at 12:30 PM at the Senior Center.

Respectfully submitted,

Fay Aubuchon

A handwritten signature in black ink, appearing to read 'Fay Aubuchon', with a long horizontal flourish extending to the right.