

Minutes of May 20, 2021

St. Peters Senior Advisory Committee

Meeting called to Order- The meeting was called to order by MaryPat Harms at 12:33 PM. at the St Peters Cultural Arts Center Room B. (The St Peters Senior Center is not yet open due to covid restrictions,)

Pledge of allegiance was said by all.

Prayer was said in unison by everyone.

Roll call- Those attending were: Mary Evans, Roger Young, Fay Aubuchon, MaryBeth Huddleston, Lorene "Net" Thomas, and MaryPat Harms. Guests were: Alderman Nick Trupiano and Alderman Joyce Townsend

Approval of Minutes- A motion to approve the January 2020 minutes was made by Net Thomas and seconded by Roger Young. The motion carried and the minutes were passed.

Public- Huddleston discussed St Peters Random Acts of Kindness to Neighbors. Evans talked about travel and crochet. Thomas revealed she is a long haul covid survivor. Alderman Trupiano explained that he feels this committee does good things and he is filling in for Alderman Judy Bateman.

Items of Discussion-

N Andrea Whisenton was nominated as co-chair, and Lorene "Net" Thomas also volunteered to be a co-chair. Fay Aubuchon has volunteered to be secretary. Net Thomas made a motion to accept the nominations and Mary Beth Huddleston seconded the motion, Motion was approved,

Goals for 2021 and beyond:

- Group discussed the Senior Fair, which is currently scheduled for October 2, 2021.
 - Young suggested a resource be put together that shows Senior Living in St Peters.
 - Prizes from vendors
 - Educate folks with CDC information
 - Mary Pat will reach out to Julie Powers for info about Senior Living in St Peters
 - Aubuchon will contact O'Fallon, St Charles, Weldon Springs, Lake St Louis for a list of their Senior Living options.
 - Young will work on a pamphlet that explains more about senior living choices in our area.
 - Young will look at ways to educate seniors about medical marijuana.
 - MaryPat will draft a letter and send to committee members
 - Net Thomas will call:
 - Visiting Nurses
 - BJC
 - CVS
 - Walgreens
 - Costco
 - Mercy
 - To see if they will join us to provide flu/covid shots/boosters; blood pressure screenings
 - Event will be from 9 till noon at St Peters Cultural Center
 - Check with Veterans Organization

- Alderman Bateman thought a caravan of local parks would be a great adventure for senior residents.
- Alderman Bateman also might be willing to provide bags for Senior Resource Fair. MaryPat will ask her.
- The committee will discuss other future events and plans at a future meeting, since the Senior Fair is so close and we do not have much time to get it pinned down.

MaryPat mentioned upcoming City Events – Police Appreciation Days and National Night Out.

MaryPat will check with the Mayor about re-appointing members whose term is due to expire.

Adjournment- A motion to adjourn was made by Young at 1:40 PM and seconded by Thomas.

Next meeting will be July 22, 2021 at 12:30 PM at the St Peters Cultural Arts Center.

Respectfully submitted,

Fay Aubuchon

A handwritten signature in black ink, appearing to read 'Fay Aubuchon', with a long horizontal flourish extending to the right.