

Minutes of September 21, 2023
St. Peters Senior Advisory Committee

Meeting called to Order- The meeting was called to order by Robin Frye at 12:32 PM at The St Peters Mayor Tom Brown Senior Center.

Pledge of allegiance was said by all.

Prayer was said in unison by everyone.

Roll call- Those attending were: Mary Evans, Robin Frye, Catherine Rahlmann, Emily Flick, Alderman Maelissa Reimer, Mark Sloan, Maribeth Huddleston, Chris Brush, and Vicki Jerden from LINC of St. Charles County. Ken Richardson and Net Thomas were excused. Terry Lesinski was absent.

Approval of Minutes- A motion to approve the July 20, 2023 minutes was made by Mary Evans and seconded by Robin Frye. The motion carried and the minutes were passed.

Public Comments – Emily shared an email from Ken Richardson regarding the discussion of dances for seniors in St. Peters. He suggested using Senior Advisory Committee allocated funds to pay for an event or two and find out if they would be attended enough to continue. Emily shared the cost of hosting the event in the Cultural Arts Centre, based on posted rental fees found online, if a sponsor could not be found to pay the fee for the space and DJ. Emily reminder the committee that funds for next year will be spent hosting the St. Charles County Senior Fair. Catherine advised that she may have someone who would be willing to provide DJ services for free, or a discounted rate. Alderman Reimer advised the committee that the dance floor of the Cultural Arts Center is in need of repair so City Centre Dances have been cancel through the end of the year and will hopefully resume in 2024.

Catherine inquired about Ken's suggestion of a dedicated senior space or time for Pickleball play at the Rec Plex. Emily said that is something that can be discussed with the Rec Plex if not offered already.

Items of Discussion- Vicki Jerden from LINC of St. Charles County spoke on their Foster Grandparent program and encouraged committee members to spread the word. The free program is for those 55 years and older who wish to mentor, tutor and assist with care in schools, daycares and crisis nurseries. Participants are paid \$4/hour plus mileage and the income is tax free. A background check is required for willing to participate. Roles include being a listener for children learning to read, tutoring in various grades, and infant care and comfort at the crisis nursery. Opportunities are available throughout St. Charles, Warren, and Lincoln Counties. LINC is a division of AmeriCorps Seniors and also provides assistance to seniors through various programs in home and in the community. Questions or interest in the program can be directed to Vicki Jerden, vjerden@lincsc.org or 636-332-5127 x4.

Emily shared the dates for upcoming events including Cultural Arts Centre Bus Tour Haunts of St. Louis on October 9th, Olde Town Twilight Market on 10/14 from 3-7 pm, Shred It Event at 135 Ecology Dr on November 4th, and the Veterans Day Ceremony at City Hall on November 11th at 9 am. Alderman Reimer gave more information on what is offered at the Twilight Market, including vendors, food trucks, and live music.

Emily advised that Martha Bante has resigned from the committee due to schedule conflicts so the position of Secretary is available.

Adjournment- A motion to adjourn was made by Robin Frye at 1:01 pm and seconded by Catherine Rahlmann.

Next meeting will be November 16, 2023 at 12:30 PM.

Respectfully submitted,



Emily Flick

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