

## Minutes of July 20, 2023

### St. Peters Senior Advisory Committee

**Meeting called to Order-** The meeting was called to order by Emily Flick at 12:33 PM at The St Peters Mayor Tom Brown Senior Center.

**Pledge of allegiance was said by all.**

**Prayer was said in unison by everyone.**

**Roll call-** Those attending were: Mary Evans, Robin Frye, Catherine Rahlmann, Emily Flick, Alderman Dave Kuppler, Ken Richardson, Net Thomas and Mark Sloan. Maribeth Huddleston, Terry Lesinki, Martha Bante and Chris Brush were excused.

**Approval of Minutes-** A motion to approve the May 18, 2023 minutes was made by Robin Frye and seconded by Net Thomas. The motion carried and the minutes were passed.

**Public Comments** – Robin Frye and Catherine Rahlmann shared the continued success of the Dinner Club formed at the April 25<sup>th</sup> Senior Networking Event. As many as 16 people are meeting every other Tuesday and continuing to spread the word. Robin invited all committee members to attend and share the meeting time with others.

Alderman Kuppler asked the committee what they feel the concerns of the seniors in our community are and cited the County property tax increases as an example. The committee members agreed the increases to property taxes could be an issue.

Catherine voiced concerns that the St. Peters Senior Center is not offering activities that appeal to the more active seniors of the community, such as line dancing. She shared that she attends dance classes every week at the Wentzville Senior Center, and they are full of people who live closer to St. Peters, but do not have closer opportunities for similar activities. Mary Evans explained the activities offered by the St. Peters Senior Center and how they have faced space limitations in the past. Alderman Kuppler suggested hosting the activity in the Cultural Arts Centre if a sponsor could be found to pay the fee for the space and instructor. Emily advised that suggestions for Senior Center hosted activities can be brought to Aging Ahead. Emily also suggested looking in to more places the Aging Ahead website can be linked to [www.stpetersmo.net](http://www.stpetersmo.net) so the available activities can be more easily located by those searching for them. Robin suggested dispersing the information to HOA's.

**Items of Discussion-** Emily advised that Roger Young and Debbie Coval decided not to be re-appointed to the committee so there are now 2 regular seats and 2 alternate seats available. She encouraged the committee to spread the word to fill the seats.

Robin Frye expressed interest in serving as Co-Chair with Mary Evans. Catherine nominated Robin as Co-Chair and all present agreed.

Emily shared the dates for upcoming events including National Night Out on August 1<sup>st</sup>, Cultural Arts Centre Bus Tour Cavers & Cellars on August 4<sup>th</sup>, and the Sunset Concerts at 370 Lakeside Park starting August 11<sup>th</sup>.

**Adjournment-** A motion to adjourn was made by Net Thomas at 12:59 pm and seconded by Catherine Rahlmann.

Next meeting will be September 21, 2023 at 12:30 PM.

Respectfully submitted,

*Emily Flick*

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