

COMMUNITY HEALTH & WELLNESS ADVISORY COMMITTEE

Meeting Minutes from September 26, 2016

I. Meeting called to order by Lynne at 19:13.

II. The Pledge of Allegiance was led by Sam Thomas.

III. Roll Call present: Lynne, John, Arline, Doanita, and Beth; staff liaison Cathy Pratt; Alderman Dave Thomas and his son, Sam.

IV. Minutes from August 22, 2016, were approved; John moved; Doanita seconded.

V. Public Comments / Guests

A. One visitor, Andrew Spradlin, who is a public health student at Lindenwood University

B. Alderman Thomas made note that our citizen action boards are struggling to find members, as well as have a quorum at each meeting.

C. Also, the St. Peters Aldermen adopted a resolution for a drug prescription monitoring program, and St. Louis County and St. Charles City have also recently adopted similar resolutions.

VI. Items of Discussion

A. Garden Contest

a. No entrants this month.

b. Contest has been suspended until 2017.

c. Some community garden plots have become overgrown; the Alderman decided to reiterate the code to all community gardeners. If they remain untended, they will be plowed under and the right to farm that garden will be lost.

B. 2017 Event

a. Dates available to choose from were Jan 18, Feb 1, Feb 15 (all Wednesdays) and Feb 27 (a Monday)

i. February 27 was chosen

b. The topic will be "Let's Talk About...Substance Abuse"

i. We like the panel discussion format with audience-led questions

1. Ideas for speakers

a. One idea was to have a sports athlete give his testimony about being delivered from substance abuse

b. We could ask a local DEA agent to speak

c. We could ask professional treatment staff to speak

d. We could invite the Stop Heroin group to speak

e. We could invite the Awaken Project to speak

C. Member Updates

a. Pat Staude and Don Kalicak have both resigned.

b. We need 3 regular members and 2 alternates.

VII. The next meeting will be held on October 24, 2016, at 7 PM.

VIII. Meeting was adjourned at 19:52.

Respectfully submitted by: Beth Carsten