

JANUARY

MEAAA ST. PETERS SENIOR CENTER

636-278-2410

2012

Events Calendar

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Center Closed for Holiday Happy New Year!	3	Line Dancing 9:30 Music, Dancing, Sing-a-Long 11:00 - 1:30 Foot Care & B.P check 9:00a.m.	4	Balance Class 9:30 Arthritis Class 10:30 Art Club 1:00	5	Zumba 9:00 Lions Club does Glaucoma & Macular Degeneration Screenings 10:00 - 11:30 Trivia 11:00 Bingo 12:30	6	Senior Exercise 9:15 & 10:15 Arthritis Class 10:30 Computer Class resumes 1:00 (Welcome back Jack)
9	Senior Exercise Class 9:15 & 10:15 Crafts 9:00 Blood Pressure 10:30 Bingo 12:30 Birthday Party Support Committee 1:15	10	Line Dancing 9:30 Music, Dancing, Sing-a-Long 11:00- 1:30	11	Balance Class 9:30 Arthritis Class 10:30 Art Club 1:00	12	Zumba 9:00 Trivia 11:00 Bingo 12:30 Open Mike Joke Day. (Let's chase away the Winter blues!)	13	Senior Exercise 9:15 & 10:15 Arthritis Class 10:30 Computer Class 1:00 Happy Friday the 13th!
16	Senior Exercise Class 9:15 & 10:15 Crafts 9:00 Bingo 12:30	17	Line Dancing 9:30 Music, Dancing, Sing-a-Long 11:00- 1:30 Foot Care & B.P check 9:00	18	Balance Class 9:30 Arthritis Class 10:30 Art Club 1:00	19	Zumba 9:00 Trivia 11:00 Bingo 12:30 Quarter Auction	20	Senior Exercise 9:15 & 10:15 Arthritis Class 10:30 Computer Class 1:00
23	Senior Exercise Class 9:15 & 10:15 Crafts 9:00 Bingo 12:30	24	Line Dancing 9:30 Music, Dancing, Sing-A-Long 11:00- 1:30	25	Balance Class 9:30 Arthritis Class 10:30 Art Club 1:00 Blood Pressure 10:30	26	Zumba 9:00 Trivia 11:00 Bingo 12:30	27	Senior Exercise 9:15 & 10:15 Arthritis Class 10:30 Computer Class 1:00
30	Senior Exercise Class 9:15 & 10:15 Crafts 9:00 Bingo 12:30	31	Line Dancing 9:30 Music, Dancing, Sing-A-Long 11:00 - 1:30	LET US DO THE WORK! STAY FOR A HOT , NUTRITIOUS LUNCH AFTER YOUR ACTIVITY OR WORKOUT.		REMEMBER~ WE RELY ON YOUR DONATIONS FOR ALL ACTIVITIES & CLASSES		In case of inclement weather, please watch Channel 5 for Center closings.	