

# LAUREL PARK POOL

July 25 – July 31, 2011

## Monday, July 25<sup>th</sup>

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- 5:30am – 8:00am      Rec-Plex Sharks Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 8:00am – 9:30am      Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 9:30am – 10:30am    Adult Lap Swimming/Walking (3-lanes)  
Group Swim Lessons (4-lanes & Shallow area)
- 10:30am – 11:30am    STL Diving Practice (4-lanes)  
Group Swim Lessons (4-lanes & Shallow area)  
Adult Lap Swimming/Walking (3-lanes)
- 11:30am – Noon        Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 5pm            \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)
- 5pm – 11pm            SWIM MEET- Nob Hill Neons Swim Team  
Pool CLOSED to Public (*NO Adult Lap Swimming*)

# LAUREL PARK POOL

July 25 – July 31, 2011

## Tuesday, July 26<sup>th</sup>

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- 5:30am – 8:00am      Rec-Plex Sharks Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 8:00am – 9:30am      Laurel Park Dolphins Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 9:30am – 10:00am      Group Swim Lessons (Shallow area)  
Laurel Park Dolphins Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes)
- 10am – 11:30am      Adult Lap Swimming/Walking (3-lanes)  
Group Swim Lessons (4-lanes & Shallow area)
- 11:30am – Noon      Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 5pm      \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)
- 5pm – 6:30pm      Pool CLOSED to Public (*NO Adult Lap Swimming*)  
Group Swim Lessons (4-lanes & Shallow Area)  
Rec-Plex Sharks Swim Team Practice (3-lanes)  
STL Diving Practice (4-lanes)
- 6:30pm – 8:30pm      \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)

# LAUREL PARK POOL

July 25 – July 31, 2011

## Wednesday, July 27<sup>th</sup>

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- 5:30am – 8:00am Rec-Plex Sharks Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 8:00am – 9:30am Laurel Park Dolphins Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 9:30am – 10:00am Group Swim Lessons (Shallow area)  
Laurel Park Dolphins Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes)
- 10am – 10:30am Adult Lap Swimming/Walking (3-lanes)  
Group Swim Lessons (4-lanes & Shallow area)
- 10:30am – 11:30am STL Diving Practice (4-lanes)  
Group Swim Lessons (4-lanes & Shallow area)  
Adult Lap Swimming/Walking (3-lanes)
- 11:30am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 5pm \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)
- 5pm – 6pm \*\*\*Open Public Swimming\*\*\*  
Rec-Plex Sharks Swim Team Practice (2-lanes)  
Adult Lap Swimming/Walking (1-lane)
- 6pm – 7pm \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)
- 7pm – 9:30pm Pool CLOSED to Public (*NO Adult Lap Swimming*)  
Laurel Park Dolphins Swim Team Practice

# LAUREL PARK POOL

July 25 – July 31, 2011

## Thursday, July 28<sup>th</sup>

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- 5:30am – 8:00am      Rec-Plex Sharks Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 8:00am – 9:30am      Laurel Park Dolphins Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 9:30am – 10:00am      Group Swim Lessons (Shallow area)  
Laurel Park Dolphins Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes)
- 10am – 11:30am      Adult Lap Swimming/Walking (3-lanes)  
Group Swim Lessons (4-lanes & Shallow area)
- 11:30am – Noon      Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 5pm      \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)
- 5pm – 6:30pm      Pool **CLOSED** to Public (*NO Adult Lap Swimming*)  
Group Swim Lessons (4-lanes & Shallow Area)  
Rec-Plex Sharks Swim Team Practice (3-lanes)  
STL Diving Practice (4-lanes)
- 6:30pm – 8:30pm      \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)

# LAUREL PARK POOL

July 25 – July 31, 2011

## Friday, July 29<sup>th</sup>

- 5:30am – 8:00am Rec-Plex Sharks Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 8:00am – 10:00am Nob Hill Neons Swim Team Practice (5-lanes)  
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 10am – 10:30am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 10:30am – 11:30am STL Diving Practice (4-lanes)  
Adult Lap Swimming/Walking (3-lanes & Shallow area)
- 11:30am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 8:30pm \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)

## Saturday, July 30<sup>th</sup>

- 7:00am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 8:30pm \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)

## Sunday, July 31<sup>st</sup>

- Noon – 8:30pm \*\*\*Open Public Swimming\*\*\*  
Adult Lap Swimming/Walking (3-lanes)