

LAUREL PARK POOL

August 1 – August 7, 2011

Monday, August 1st

- 5:30am – 6:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 6:00am – 7:30am Rec-Plex Sharks Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 7:30am – 9:30am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 9:30am – 10:30am Adult Lap Swimming/Walking (3-lanes)
Group Swim Lessons (4-lanes & Shallow area)
- 10:30am – 11:30am STL Diving Practice (4-lanes)
Group Swim Lessons (4-lanes & Shallow area)
Adult Lap Swimming/Walking (3-lanes)
- 11:30am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 7pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)
- 7pm – 9:30pm Pool CLOSED to Public (*NO Adult Lap Swimming*)
Laurel Park Dolphins Swim Team Practice

LAUREL PARK POOL

August 1 – August 7, 2011

Tuesday, August 2nd

- 5:30am – 6:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 6:00am – 7:30am Rec-Plex Sharks Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 7:30am – 8:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 8:00am – 9:30am Laurel Park Dolphins Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 9:30am – 10:00am Group Swim Lessons (Shallow area)
Laurel Park Dolphins Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes)
- 10am – 11:30am Adult Lap Swimming/Walking (3-lanes)
Group Swim Lessons (4-lanes & Shallow area)
- 11:30am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 5pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)
- 5pm – 6:30pm Pool CLOSED to Public (*NO Adult Lap Swimming*)
Group Swim Lessons (7-lanes & Shallow Area)
STL Diving Practice (4-lanes)
- 6:30pm – 8:30pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)

LAUREL PARK POOL

August 1 – August 7, 2011

Wednesday, August 3rd

- 5:30am – 6:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 6:00am – 7:30am Rec-Plex Sharks Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 7:30am – 8:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 8:00am – 9:30am Laurel Park Dolphins Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 9:30am – 10:00am Group Swim Lessons (Shallow area)
Laurel Park Dolphins Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes)
- 10am – 10:30am Adult Lap Swimming/Walking (3-lanes)
Group Swim Lessons (4-lanes & Shallow area)
- 10:30am – 11:30am STL Diving Practice (4-lanes)
Group Swim Lessons (4-lanes & Shallow area)
Adult Lap Swimming/Walking (3-lanes)
- 11:30am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 7pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)
- 7pm – 9:30pm Pool CLOSED to Public (*NO Adult Lap Swimming*)
Laurel Park Dolphins Swim Team Practice

LAUREL PARK POOL

August 1 – August 7, 2011

Thursday, August 4th

- 5:30am – 6:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 6:00am – 7:30am Rec-Plex Sharks Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 7:30am – 8:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 8:00am – 9:30am Laurel Park Dolphins Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 9:30am – 10:00am Group Swim Lessons (Shallow area)
Laurel Park Dolphins Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes)
- 10am – 11:30am Adult Lap Swimming/Walking (3-lanes)
Group Swim Lessons (4-lanes & Shallow area)
- 11:30am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 5pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)
- 5pm – 6:30pm Pool CLOSED to Public (*NO Adult Lap Swimming*)
Group Swim Lessons (7-lanes & Shallow Area)
STL Diving Practice (4-lanes)
- 6:30pm – 8:30pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)

LAUREL PARK POOL

August 1 – August 7, 2011

Friday, August 5th

- 5:30am – 6:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 6:00am – 7:30am Rec-Plex Sharks Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 7:30am – 8:00am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 8:00am – 10:00am Nob Hill Neons Swim Team Practice (5-lanes)
Adult Lap Swimming/Walking (2-lanes & Shallow area)
- 10am – 10:30am Adult Lap Swimming/Walking (7-lanes & Shallow area)
- 10:30am – 11:30am STL Diving Practice (4-lanes)
Adult Lap Swimming/Walking (3-lanes & Shallow area)
- 11:30am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 8:30pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)

Saturday, August 6th

- 7:00am – Noon Adult Lap Swimming/Walking (7-lanes & Shallow area)
- Noon – 8:30pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)

Sunday, August 7th

- Noon – 8:30pm ***Open Public Swimming***
Adult Lap Swimming/Walking (3-lanes)