



COMMUNITY HEALTH & WELLNESS ADVISORY COMMITTEE
July 27, 2015 Meeting
Cultural Arts Centre (City Centre)
7:00 p.m.

The mission of the Health & Wellness Advisory Committee is to engage citizens through education and the pursuit of healthy lifestyle choices, including proper nutrition, physical activity, and overall wellness habits.

The goals of the Committee are to:

- *Partner with healthcare experts and educators to identify healthcare issues and concerns of interest to our community,*
- *Communicate with citizens and local businesses regarding the promotion of healthy lifestyle choices, and*
- *Promote citizen involvement in activities and events that support proper nutrition, physical activity and overall wellness habits.*

Agenda

A. Call to Order

B. Pledge of Allegiance

C. Roll Call

D. Approval of Minutes: June 22, 2015

E. Public Comment

F. Items of Discussion

- a. Alzheimers – Linda Kenny**
- b. Garden Contest**
- c. Plans for 2015/2016 – education outreach topics and methods**
- d. Member Updates**

G. Next Meeting: August 24, 2015

H. Adjournment