

COMMUNITY HEALTH & WELLNESS ADVISORY COMMITTEE

Meeting Minutes from July 27, 2015

I. Meeting called to order by Lois at 19:08.

II. The Pledge of Allegiance was led by Beth.

III. Roll Call present: Lois, Mary, Don, Linda, Beth; Alderman Thomas; staff liaison Amy Heckart.

A. New potential member Jack Dabrowski was introduced as the new representative from the BJC health system, taking the place Karen Prideaux vacated.

IV. Minutes from June 22, 2015, were approved, with corrections.

V. Public Comments / Guests

A. None

VI. Items of discussion:

A. Garden Contest

a. Two entries for the Community Garden Contest. Both entrants will receive passes to the Rec-Plex.

b. Also, Mary's Tower Garden at the Rec-Plex is producing lots of plants.

B. Alzheimer's

a. Linda gave out three packets of information

i. Dementia

ii. Alzheimer's Disease

iii. Alzheimer's Disease and Non-Alzheimer's Dementia (Alternative Therapy)

b. Be aware of symptoms in family members; be informed

C. Plans for 2015/2016

a. Perhaps an overlap with the Senior's Board on the topic of Alzheimer's

i. Definitely more activities with the Seniors

b. A public discourse on domestic violence

c. More public lectures on heroin

d. STD's/risky sexual behavior in youth

D. Lois moved; Linda 2nd that our BJC and SSM and Mercy reps bring their community health needs assessments (CHNA) to our next meeting.

a. We will set a date and the topic for a community forum, which will hereby be conducted annually, based on the most current CHNA.

E. Member Updates

a. Action will be taken on this at August's alderman meeting

i. To increase our Board's membership to 12

ii. We still need one more hospital representative.

VII. The next meeting will be held on August 24, 2015.

VIII. Meeting was adjourned at 20:07.

Respectfully submitted by: Beth Carsten