

COMMUNITY HEALTH & WELLNESS ADVISORY COMMITTEE

Meeting Minutes from February 22, 2016

I. Meeting called to order by Lynne at 19:04.

II. The Pledge of Allegiance was led by Cathy.

III. Roll Call present: Lynne, Doanita, Tanner, Linda, Arline, and Beth; Alderman Thomas; staff liaison Cathy Pratt.

IV. Minutes from January 25, 2016, were approved. Linda moved; Arline seconded.

V. Public Comments / Guests

A. None.

VI. Items of discussion

A. Community Forum Event

- a. Date is now set for March 30, a Wednesday
- b. Start time is 7 PM
- c. The topic will cover suicide prevention and how to offer family support
- d. Three speakers have been reserved
- e. It will be a panel discussion
- f. Each audience member will be able to write an anonymous question on a card for submission
- g. Cathy has also prepared questions to kick off the event or in case we lack audience questions
- h. Dave Thomas will give a brief welcome on behalf of the City of St. Peters
- i. John Chapman was nominated to be the emcee for the night
- j. We should prepare a handout with crisis hotline numbers on it

B. Bike/Kite Event

- a. Date is June 4, a Saturday
- b. Time is 9 to noon at 370 Lakeside Park
- c. Linda brought an example handout: "Snack Tips for Parents"
- d. Dave still plans to ask for donations for fruit
- e. Should we provide water, too?

C. Member Updates

- a. We are up to 12 members
 - i. Doanita Simmons was just appointed and introduced herself to our group
- b. We still need 2 alternates

D. Homework

- a. Our health care representatives are requested to bring any articles on skin cancer and/or sun and water safety to next month's meeting.

VII. The next meeting will be held on March 28, 2016, at 7 PM.

VIII. Meeting was adjourned at 19:56. Lynne moved; Linda seconded.

Respectfully submitted by: Beth Carsten