



COMMUNITY HEALTH & WELLNESS ADVISORY COMMITTEE

April 27, 2015 Meeting

Cultural Arts Centre (City Centre)

7:00 p.m.

The mission of the Health & Wellness Advisory Committee is to engage citizens through education and the pursuit of healthy lifestyle choices, including proper nutrition, physical activity, and overall wellness habits.

The goals of the Committee are to:

- *Partner with healthcare experts and educators to identify healthcare issues and concerns of interest to our community,*
- *Communicate with citizens and local businesses regarding the promotion of healthy lifestyle choices, and*
- *Promote citizen involvement in activities and events that support proper nutrition, physical activity and overall wellness habits.*

Agenda

A. Call to Order

B. Pledge of Allegiance

C. Roll Call

D. Approval of Minutes: March 23, 2015

E. Public Comments

F. Items of Discussion

- a. Garden Contest – Mary Sanders**
- b. Member Updates**
- c. Bike & Kite Event**
- d. May 25, 2015 meeting**
- e. Plans for 2015 – education outreach topics and methods**

G. Next Meeting: TBD

H. Adjournment