

# COMMUNITY HEALTH & WELLNESS ADVISORY COMMITTEE

## Meeting Minutes from October 26, 2015

I. Meeting called to order by Lois at 19:03.

II. The Pledge of Allegiance was led by Linda.

III. Roll Call present: Lois, Linda, Lynne, Tanner Smith, and Beth; Alderman Thomas; staff liaison Cathy Pratt.

IV. Minutes from September 28, 2015, were approved. Linda moved; Lois seconded.

V. Public Comments / Guests

A. Tanner Smith was introduced. He is our liaison with SSM Healthcare.

VI. Items of discussion:

A. November event

- a. Auditorium scheduled for Wednesday, November 18<sup>th</sup> from 6-8 PM
- b. Psychiatrist David Ohlms was requested to speak, but our contact at CentrePoint hasn't returned these calls.
- c. Greg DeNeal from Kaleo is confirmed.
- d. Wendell Webb, who is associated with the Marines, is confirmed.
- e. This will be a panel discussion, but we need one more panel member.
- f. Perhaps contact Lindenwood University for more speakers?
- g. Problems
  - i. We need more marketing time
    1. St. Peters staff can come up with a great blurb about this event for the MyHometown magazine
      - a. Lois moved; Lynne seconded.
  - ii. We need another speaker, at least
- h. Due to these problems, there was discussion on whether or not to postpone this event.
  - i. Linda moved to reschedule the event until after the first of the year; Lynne seconded; all agreed.

B. Member recruitment

- a. We have 5 vacancies, but no applicants
- b. **Please come to the November meeting with ideas for member recruitment.**

C. We need to plan our calendar of upcoming events further in advance.

D. FBC St. Charles Health Fair

- a. <http://www.1stcharles.org/events/community-health-fair/>

VII. The next meeting will be held on November 23, 2015, at 7 PM.

VIII. Meeting was adjourned at 19:58. Linda moved; Lois seconded.

Respectfully submitted by: Beth Carsten