

Community Health and Wellness Advisory Committee February 24, 2014 Meeting Minutes

Meeting called to order at 7:05 p.m. by Dan Rakers, Chair

Pledge of Allegiance

Roll Call: Present – Lynne Badolato, Beth Carsten, Kacky Garner, Dan Kalicak, Karen Prideaux, Dan Rakers, Susan Whobrey, Lois Deaver, Linda Kenny, Alderman Thomas, Alderman Violet, Cathy Pratt

Beth made a motion to approve the January minutes. Lois seconded. Minutes were approved.

No public comments.

The group acknowledged Dan for delivery of the memo to the Mayor and Board of Alderman regarding recommendations on Fluoridation of City Water.

Items of Discussion:

- a) Social Media (Alderman Thomas) – have a link on city website to hospital sites; healthy options restaurants; workplace healthy choices; must establish criteria and then promote these businesses through electronic and printed newsletters.
- b) Adoption of bylaws – Motion to approve by Dan. Seconded by Beth. Bylaws were approved.
- c) Bike & Kite Day (May 10th) – Date needs to be confirmed.
- d) Community Health Assessment Reports – Karen and Kacky shared highlights of the needs assessment process for their respective hospitals. Twelve to fifteen needs were identified and then prioritized. The reports are on each hospital website. Some of the top health needs were access, obesity, smoking, chronic diseases, pediatric concerns.
Specific interventions were discussed:
Obesity Issue – email to businesses and then spotlight their efforts in city publications.
 1. Tell us about your business.
 2. How does your business contribute to a healthy environment?
 3. How are you encouraging customers to make healthier food choices?

Other items of Discussion:

It was suggested to add a youth representative to the committee.

Consider offering a week of free access to the Rec-Plex to encourage activity for youth.

Next Meeting: March 24, 2013

Adjournment at 8:15 p.m. Lois made the motion, Kacky seconded. Approved

Respectfully submitted,
Karen Prideaux

