

# COMMUNITY HEALTH & WELLNESS ADVISORY COMMITTEE

## Meeting Minutes from October 27, 2014

Meeting called to order at 7:03 PM.

Roll call present: Lynne, Beth, Lois, Kacky, Linda, Karen, Dan, Mary, Arline;  
Alderman Thomas (late); staff member Cathy Pratt.

Minutes were approved, with the correction of the minor clerical error of Tim  
Lohmar's name.

Mary Sanders led the Pledge of Allegiance.

There were no public comments made.

### Items of Discussion:

1. Community Education Event on Heroin
  - a. Will be November 18
  - b. Geared toward H.S. age students and adults
  - c. Joe Richardson of the Awaken Project will speak
  - d. Gee Vigna will speak
  - e. Juan Wilson has also been asked to speak
  - f. Cathy will email a flyer to each of us, and we can print off as many copies as we need to post it in schools, libraries, etc. and other places in our sphere
  - g. St. Peters will do a press release about this event
  - h. What should we name this event? "Heroin Awareness" and "Heroin Aware" were thrown out as suggestions
  - i. Give attendees a survey for the event
  - j. Updates will be sent via email leading up to the event
2. Restaurant Survey Results
  - a. Were not so promising; only 6 were received
  - b. What will be posted on the St. Peters website? How these restaurants have changed their menus and environments to reach those desiring a healthy lifestyle
  - c. Cathy will send this survey out one more time OR we could defer it until it's time for restaurant business renewals in February
3. The next meeting will be November 24<sup>th</sup>. There will be NO meeting in December.

At 7:59 PM, Dan moved that the meeting be adjourned.