

Community Health and Wellness Advisory Committee

April 28, 2014 Meeting Minutes

Meeting called to order at 7:00 p.m. by Dan Rakers, Chair

Pledge of Allegiance was led by Beth.

Roll Call: Present – Beth Carsten, Dan Kalicak, Karen Prideaux, Dan Rakers, Susan Whobrey, Mary Sanders, Arline Leon, Cathy Pratt, Alderman Dave Thomas

Guest: Alderman Judy Bateman, Debra Noble (Sustainability), and Sharon Lee

Dan made a motion to approve the March 24 minutes. Beth seconded. Minutes were approved as amended.

Items of Discussion:

- a) **Guest Speaker – Sharon Lee, Smoke free St. Charles.** Suggested focusing on asking people to respect the rights of others by not creating second-hand smoke, as opposed to telling people they cannot smoke. Discussion on potential smoking ban continued:
 - Charlie Dooley commented Ballwin and Clayton are smoke-free and it didn't hurt business.
 - Judy sent out a survey to Ward 2 residents regarding smoking in public places. Surveys show the majority of St. Charles county residents are in favor of smoke-free.
 - H.B 1716 submitted by Rep. Jill Schupp (currently running for Senate) but not read yet calls for an increase in taxes to hopefully decrease the number of adolescents starting to smoke. Missouri has one of the lowest tobacco tax rates in the U.S.
 - E-cigarettes are not regulated
 - Age 11 is the age that most kids start and get addicted.
 - St. Peters has smoke-free restaurants listed on-line.

- b) **Healthy Choices restaurant campaign**
 - After discussion, motion was made by Beth and seconded by Dan to add smoke-free restaurants as an article and provide link to restaurants in My Hometown.
 - Restaurant campaign letter- motion was made by Dan and seconded by Karen to accept the restaurant campaign letter with minor alterations (change healthier to healthy).

- c) **Bike and Kite day (May 10th) 10am – 2p.m**
 - 10:00 a.m. to 11:15 a.m. Beth
 - 11:15 a.m. to 12:30 p.m. – Mary
 - 12:30 p.m. to 2:00 p.m. – Dan

- d) **May Meeting Date** – Motion made by Dan and seconded by Karen, it was agreed to cancel the May meeting due to it being on Memorial Day.

Terri Violet is moving to green team and will be leaving this committee.

Motion to adjourn made by Karen and seconded by Beth, the meeting adjourned at 8:25 p.m.

Respectfully submitted,
Karen Prideaux