

Community Health and Wellness Advisory Committee

June 23, 2014 Meeting Minutes

Meeting called to order at 7:07 p.m. by Dan Rakers followed by the Pledge of Allegiance

Roll Call: Present - Kacky Garner, Karen Prideaux, Dan Rakers, Mary Sanders, Arline Leon, Cathy Pratt, Alderman Dave Thomas, Linda Kenny

Guest: Laura McCoy, Delta Center

Kacky Garner made a motion to approve the April 28 minutes. Dan Rakers seconded. Minutes were approved as amended. There were no public comments.

Items of Discussion:

A. Guest Speaker – Laura McCoy, Delta Center.

- Laura shared information about Delta Center Personal Attendant Services.
- “Money follows the person” for those that move from skilled to home or apartment;
- Must be on Medicaid and have a disability; Attendants paid \$10 an hour.

B. Bike & Kite Day

- Volunteers at Bike/Kite day were Mary Sanders, Dan Rakers, and Beth Carsten
- Anthony’s donated 160 apples to give away. St. Peters donated H²O bottles. Committee recommended that Anthony’s be spotlighted at a Board of Alderman meeting. Alderman Thomas will check with the Mayor. Leftover apples were donated to Joachim and Ann.

C. Education and outreach Goals

- Dan Rakers suggested a possible Walk/Run to promote heart health.
- Karen Prideaux suggested increasing community awareness about the epidemic of drug use and heroin overdoses in the county.
- Cathy Pratt will advise the Chief of Police about the discussion for the next meeting and Karen Prideaux will invite Gee Vigna to the July 28 Health & Wellness meeting.
- The group made motion to move forward with the Drug Awareness and Heroin Epidemic program. Dan Rakers motioned to approve; seconded by Linda Kenny. Approved.

D. Budget/Resources

- The group discussed hosting a town hall meeting for the community about the drug use and overdoses to build awareness as a community.

Next meeting date: July 28, 2014

Meeting adjourned by Dan Rakers at 8:09 p.m.

Respectfully submitted,
Karen Prideaux