

Community Health and Wellness Advisory Committee

March 24, 2014 Meeting Minutes

Meeting called to order at 7:05 p.m. by Dan Rakers, Chair

Pledge of Allegiance

Roll Call: Present – Lynne Badolato, Lois Deaver, Kacky Garner, Linda Kenny, Karen Prideaux, Dan Rakers, Susan Whobrey, Mary Sanders, Cathy Pratt; Aldermanic Rep. – Alderman Violet.

Dan made a motion to approve the February minutes. Kacky seconded. Minutes were approved.

Dan introduced new board member Mary Sanders. Mary is a 30 year resident of the area and is a Clinical Laboratory Science major. She also worked with the Toastmasters as a coach and owns a Juice Plus business.

Public Comments – Guest: Arline Leon. Barbara Oliver commented after 2/13/14 work session. Asked committee to consider the topic of smoking in public restaurants.

- Bring in experts
- Promote businesses that are non-smoking
- Karen Prideaux to ask Smokefree St. Charles to attend this meeting.

Items of Discussion:

a) Healthy Choices restaurant campaign

Cathy ran a list of restaurants: 100 have email addresses and 60 do not. She then presented a draft of the survey for email. The committee appreciated the prep work. Cathy will email out to the committee the proposed survey, including suggested changes, prior to the next meeting. It will incorporate obesity and smoking and healthy environment.

b) Events – two events are coming up

Bike & Kite Day (May 10th) – The group recommended handing out apples.

Clean Stream (April 12)

We will add printed materials and budgeting to the agenda for the next meeting.

c) Community Health Assessment Reports – attached summary was shared with the committee.

Other items of Discussion:

Lynn asked about disaster planning. Dan recommended an article to educate people about emergency preparation. Consider adding to May agenda and invite speakers.

Next Meeting: April 28, 2014

Adjournment at 8:15 p.m. Dan made the motion; Lynne seconded. Approved.

Respectfully submitted,
Karen Prideaux