

Community Health and Wellness Advisory Committee

July 28, 2014 Meeting Minutes

Meeting called to order at 7:07 p.m. by Dan Rakers followed by the Pledge of Allegiance

Roll Call: Present – Lynne Badolato, Beth Carsten, Kacky Garner, Don Kalicak, Linda Kenny, Karen Prideaux, Dan Rakers, Susan Whobrey, Mary Sanders, Arline Leon. Staff Member: Amy Heckart sub for Cathy Pratt.

Guest: Julie Anderson (Lake St. Louis guest)

Dan Rakers made a motion to approve the June 23 minutes. Kacky Garner seconded. Minutes were approved as amended. There were no public comments.

Items of Discussion:

A. Guest Speakers – Gee Vigna, parent and founder of “Walking for Wellness, Against Heroin” (along with four additional members)

- Purpose of the organization is to raise awareness of heroin addiction and raise funds.
- Gee’s daughter, Nikki, died of a heroin overdose at age 20.
- Outreach from many areas in Missouri and across the country.
- No prescription drug monitoring program in Missouri
- 6963 “Likes” on Facebook for their site
- 6th and 7th graders start using tobacco, which leads to future drug use
- Heroin is affordable and potent; 1 button is \$10;
- Brittney Vigna also shared many facts about Heroin addiction

B. Juan Wilson, DEA St. Charles County

- In 2008 cocaine took a hit – heroin became the drug to sell;
- As young as 9-17 year olds become heroin addicted
- In 2013, there were 24 heroin OD deaths in St. Charles County.
- Over 200 heroin-related deaths across the state of Missouri each year for past 3 years

Next meeting date: August 25, 2014

Meeting adjourned at 8:20 p.m.

Respectfully submitted,
Karen Prideaux