



COMMUNITY HEALTH & WELLNESS ADVISORY COMMITTEE
September 28, 2015 Meeting
Cultural Arts Centre (City Centre)
7:00 p.m.

The mission of the Health & Wellness Advisory Committee is to engage citizens through education and the pursuit of healthy lifestyle choices, including proper nutrition, physical activity, and overall wellness habits.

The goals of the Committee are to:

- *Partner with healthcare experts and educators to identify healthcare issues and concerns of interest to our community,*
- *Communicate with citizens and local businesses regarding the promotion of healthy lifestyle choices, and*
- *Promote citizen involvement in activities and events that support proper nutrition, physical activity and overall wellness habits.*

Agenda

A. Call to Order

B. Pledge of Allegiance

C. Roll Call

D. Approval of Minutes: August 24, 2015

E. Public Comment

F. Items of Discussion

a. Garden Contest

b. November Event – Auditorium scheduled for Wednesday, Nov 18th

c. Member Updates

G. Next Meeting: October 26, 2015

H. Adjournment